



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

□□□□

Team, TS4T

□□: Pankrunners Quartett

□□: 4019

□□: 161.70 km

100MeilenBerlin

□□□□:

4er-Staffel / 4-person relay

□□□: 22:32:28

□□: 7.14 km/h

□□□□: 8:22 min/km

□□□□□/□□□: 181 (of 459)

□□□□□/□□□: 71 (of 85)

□□□□□□: 12:25:29

□□□□□: 39(of 42)

□□□□□□□: 12:25:29

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□	□□ □□
VP1 - Wilhelmsru	6.94	50:19	7:15	38	47:25	70	47:25	6.94	50:19	7:15	38	47:25	70	47:25	
VP2 - Lauftreff Li	5.69	40:40	7:08	35	15:53	67	16:44	12.63	1:30:59	7:12	37	37:37	70	37:37	
VP3 - Oranienbur	5.74	36:45	6:24	32	13:50	59	13:50	18.37	2:07:44	6:57	36	48:51	67	49:23	
VP4 - Naturschut	4.70	35:57	7:38	33	14:33	61	14:48	23.07	2:43:41	7:05	35	1:03:24	66	1:04:11	
VP5 - Frohnau	6.80	44:40	6:34	31	17:48	59	17:48	29.87	3:28:21	6:58	35	1:21:12	66	1:21:12	
VP6 - Ruderclub	4.06	25:42	6:19	24	8:29	40	9:35	33.93	3:54:03	6:53	31	1:23:51	62	1:28:21	
VP7 - Grenzturm	4.75	32:07	6:45	37	12:05	62	15:00	38.68	4:26:10	6:52	32	1:34:48	61	1:39:30	
VP8 - Schönwald	7.52	50:01	6:39	36	16:50	65	22:08	46.20	5:16:11	6:50	34	2:06:08	63	2:06:08	
VP9 - Falkenseer	5.76	42:28	7:22	35	15:49	63	20:05	51.96	5:58:39	6:54	35	1:58:49	65	2:10:29	
VP10 - Karolinenl	6.54	51:31	7:52	37	19:46	67	19:46	58.50	6:50:10	7:00	38	2:14:54	67	2:29:18	
VP11 - Pagel & Fi	4.90	40:54	8:20	37	18:02	70	19:03	63.40	7:31:04	7:06	38	2:29:47	67	2:43:42	
VP12 - Schloss S	7.62	1:02:34	8:12	38	27:53	70	27:53	71.02	8:33:38	7:13	38	2:49:30	67	3:10:20	
VP13 - Revierförs	6.21	53:29	8:36	39	26:58	77	29:21	77.23	9:27:07	7:20	38	3:15:06	68	3:32:01	
VP14 - Brauhaus	6.00	50:21	8:23	38	25:11	76	27:46	83.23	10:17:28	7:25	38	3:39:14	70	3:53:10	
VP15 - Gedenkst.	6.90	1:00:30	8:46	40	30:07	77	30:07	90.13	11:17:58	7:31	38	4:08:47	72	4:21:26	
VP16 - Königswe	6.87	1:08:26	9:57	39	35:15	77	38:36	97.00	12:26:24	7:41	39	4:41:33	74	4:52:35	
VP17 - Sportplatz	6.20	58:29	9:25	37	29:36	68	30:17	103.20	13:24:53	7:47	38	5:09:04	73	5:16:21	
VP18 - Osdorfer	6.50	47:54	7:22	40	22:54	69	22:54	109.70	14:12:47	7:46	38	5:24:58	72	5:24:58	
VP19 - Lichtenra	5.70	51:50	9:05	40	25:36	70	25:36	115.40	15:04:37	7:50	39	5:48:17	73	5:48:17	
VP20 - Kirchhain	4.37	33:46	7:43	40	18:08	69	18:24	119.77	15:38:23	7:50	39	6:05:17	73	6:05:17	
VP21 - Buckow	6.43	52:29	8:09	39	27:33	70	27:33	126.20	16:30:52	7:51	39	6:30:30	72	6:30:30	
VP22 - Rudow	4.90	45:55	9:22	39	25:23	72	26:04	131.10	17:16:47	7:54	39	6:53:00	72	6:53:00	
VP23 - Johannistl	5.90	54:21	9:12	37	26:55	67	30:50	137.00	18:11:08	7:57	39	7:18:59	72	7:18:59	
VP24 - Dammwe	5.70	52:19	9:10	35	26:13	68	28:23	142.70	19:03:27	8:00	39	7:42:14	70	7:42:14	
VP25 - East Side	5.80	1:04:45	11:09	39	32:34	73	36:38	148.50	20:08:12	8:08	39	8:09:00	70	8:09:00	
VP26 - Checkpoir	5.28	51:42	9:47	39	30:02	78	34:51	153.78	20:59:54	8:11	39	8:36:08	70	8:36:08	
VP27 - Gedenkst.	3.32	44:46	13:29	37	20:31	73	26:18	157.10	21:44:40	8:18	39	8:52:57	71	8:52:57	
Friedrich-Ludwig	4.60	47:48	10:23	38	23:56	74	26:50	161.70	22:32:28	8:21	40	10:06:59	72	10:06:59	