



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, TS4T

□□: VfL Tegel Berlin

□□: 4023

□□: 161.70 km

100MeilenBerlin

□□□□:

4er-Staffel / 4-person relay

□□□: 15:42:52

□□: 10.25 km/h

□□□□: 5:50 min/km

□□□□□/□□□□: 34 (of 459)

□□□□□/□□□□: 25 (of 85)

□□□□□□: 12:25:29

□□□□□: 11(of 42)

□□□□□□□: 12:25:29

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
VP1 - Wilhelmsru	6.94	34:07	4:54	9	31:13	15	31:13	6.94	34:07	4:54	9	31:13	15	31:13
VP2 - Laufftreff Li	5.69	27:07	4:45	7	2:20	13	3:11	12.63	1:01:14	4:50	9	7:52	15	7:52
VP3 - Oranienbur	5.74	26:32	4:37	8	3:37	15	3:37	18.37	1:27:46	4:46	8	8:53	14	9:25
VP4 - Naturschut	4.70	25:19	5:23	9	3:55	15	4:10	23.07	1:53:05	4:54	8	12:48	12	13:35
VP5 - Frohnau	6.80	34:15	5:02	9	7:23	18	7:23	29.87	2:27:20	4:55	8	20:11	13	20:11
VP6 - Ruderclub	4.06	21:49	5:22	11	4:36	20	5:42	33.93	2:49:09	4:59	8	18:57	13	23:27
VP7 - Grenzturm	4.75	27:47	5:50	29	7:45	41	10:40	38.68	3:16:56	5:05	8	25:34	13	30:16
VP8 - Schönwald	7.52	45:31	6:03	32	12:20	52	17:38	46.20	4:02:27	5:14	9	52:24	15	52:24
VP9 - Falkenseer	5.76	36:16	6:17	28	9:37	44	13:53	51.96	4:38:43	5:21	10	38:53	16	50:33
VP10 - Karolinenl	6.54	41:28	6:20	27	9:43	47	9:43	58.50	5:20:11	5:28	12	44:55	18	59:19
VP11 - Pagel & Fi	4.90	30:03	6:07	23	7:11	44	8:12	63.40	5:50:14	5:31	12	48:57	18	1:02:52
VP12 - Schloss S	7.62	48:10	6:19	27	13:29	47	13:29	71.02	6:38:24	5:36	15	54:16	22	1:15:06
VP13 - Revierförs	6.21	35:23	5:41	18	8:52	35	11:15	77.23	7:13:47	5:37	14	1:01:46	24	1:18:41
VP14 - Brauhaus	6.00	33:13	5:32	17	8:03	35	10:38	83.23	7:47:00	5:36	14	1:08:46	24	1:22:42
VP15 - Gedenkst.	6.90	38:21	5:33	18	7:58	33	7:58	90.13	8:25:21	5:36	14	1:16:10	23	1:28:49
VP16 - Königswe	6.87	43:00	6:15	13	9:49	34	13:10	97.00	9:08:21	5:39	13	1:23:30	25	1:34:32
VP17 - Sportplatz	6.20	36:22	5:51	12	7:29	27	8:10	103.20	9:44:43	5:39	15	1:28:54	26	1:36:11
VP18 - Osdorfer	6.50	35:41	5:29	11	10:41	20	10:41	109.70	10:20:24	5:39	15	1:32:35	26	1:32:35
VP19 - Lichtenra	5.70	36:15	6:21	9	10:01	20	10:01	115.40	10:56:39	5:41	14	1:40:19	25	1:40:19
VP20 - Kirchhain	4.37	22:52	5:13	13	7:14	29	7:30	119.77	11:19:31	5:40	14	1:46:25	27	1:46:25
VP21 - Buckow	6.43	35:35	5:32	11	10:39	22	10:39	126.20	11:55:06	5:39	12	1:54:44	25	1:54:44
VP22 - Rudow	4.90	28:55	5:54	8	8:23	24	9:04	131.10	12:24:01	5:40	11	2:00:14	24	2:00:14
VP23 - Johannistl	5.90	34:13	5:47	9	6:47	24	10:42	137.00	12:58:14	5:40	11	2:06:05	24	2:06:05
VP24 - Dammwe	5.70	34:19	6:01	10	8:13	28	10:23	142.70	13:32:33	5:41	11	2:11:20	24	2:11:20
VP25 - East Side	5.80	44:30	7:40	17	12:19	38	16:23	148.50	14:17:03	5:46	11	2:17:51	24	2:17:51
VP26 - Checkpoir	5.28	29:06	5:30	10	7:26	31	12:15	153.78	14:46:09	5:45	11	2:22:23	24	2:22:23
VP27 - Gedenkst.	3.32	27:35	8:18	8	3:20	20	9:07	157.10	15:13:44	5:48	11	2:22:01	25	2:22:01
Friedrich-Ludwig	4.60	29:08	6:20	9	5:16	21	8:10	161.70	15:42:52	5:49	11	3:17:23	25	3:17:23