



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, TS4T

00: Lang- und Laufladen

00: 4027

00: 161.70 km

100MeilenBerlin

0000:

4er-Staffel / 4-person relay

000: 14:05:42

00: 11.42 km/h

0000: 5:14 min/km

00000/0000: 8 (of 459)

00000/0000: 7 (of 85)

000000: 12:25:29

00000: 4(of 42)

0000000: 12:25:29

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000	00 km	00 00	00 min/km	00 -	00 -	00 00	00 000	000 km	000 00	000 min/km	00 -	00 -	00 00	00 000
VP1 - Wilhelmsru	6.94	31:47	4:34	6	28:53	9	28:53	6.94	31:47	4:34	6	28:53	9	28:53
VP2 - Lauftreff Li	5.69	25:39	4:30	3	0:52	6	1:43	12.63	57:26	4:32	5	4:04	8	4:04
VP3 - Oranienbur	5.74	24:20	4:14	2	1:25	4	1:25	18.37	1:21:46	4:27	2	2:53	4	3:25
VP4 - Naturschut	4.70	22:33	4:47	4	1:09	5	1:24	23.07	1:44:19	4:31	4	4:02	5	4:49
VP5 - Frohnau	6.80	29:12	4:17	2	2:20	4	2:20	29.87	2:13:31	4:28	4	6:22	5	6:22
VP6 - Ruderclub	4.06	17:59	4:25	3	0:46	5	1:52	33.93	2:31:30	4:27	3	1:18	4	5:48
VP7 - Grenzturm	4.75	22:26	4:43	6	2:24	10	5:19	38.68	2:53:56	4:29	2	2:34	3	7:16
VP8 - Schönwald	7.52	37:03	4:55	9	3:52	14	9:10	46.20	3:30:59	4:34	3	20:56	4	20:56
VP9 - Falkenseer	5.76	28:51	5:00	5	2:12	8	6:28	51.96	3:59:50	4:36	1	-	2	11:40
VP10 - Karolinenl	6.54	35:26	5:25	10	3:41	16	3:41	58.50	4:35:16	4:42	1	-	2	14:24
VP11 - Pagel & Fi	4.90	26:01	5:18	12	3:09	15	4:10	63.40	5:01:17	4:45	1	-	2	13:55
VP12 - Schloss S	7.62	42:51	5:37	16	8:10	28	8:10	71.02	5:44:08	4:50	1	-	2	20:50
VP13 - Revierförs	6.21	27:53	4:29	3	1:22	4	3:45	77.23	6:12:01	4:49	1	-	2	16:55
VP14 - Brauhaus	6.00	26:13	4:22	4	1:03	5	3:38	83.23	6:38:14	4:47	1	-	2	13:56
VP15 - Gedenkst.	6.90	31:45	4:36	4	1:22	4	1:22	90.13	7:09:59	4:46	2	0:48	3	13:27
VP16 - Königswe	6.87	34:52	5:04	5	1:41	8	5:02	97.00	7:44:51	4:47	1	-	2	11:02
VP17 - Sportplatz	6.20	30:58	4:59	4	2:05	10	2:46	103.20	8:15:49	4:48	1	-	2	7:17
VP18 - Osdorfer	6.50	35:32	5:28	10	10:32	19	10:32	109.70	8:51:21	4:50	2	3:32	3	3:32
VP19 - Lichtenra	5.70	36:28	6:23	11	10:14	23	10:14	115.40	9:27:49	4:55	2	11:29	2	11:29
VP20 - Kirchhain	4.37	21:45	4:58	9	6:07	22	6:23	119.77	9:49:34	4:55	2	16:28	2	16:28
VP21 - Buckow	6.43	35:28	5:30	10	10:32	21	10:32	126.20	10:25:02	4:57	2	24:40	2	24:40
VP22 - Rudow	4.90	28:38	5:50	7	8:06	22	8:47	131.10	10:53:40	4:59	2	29:53	2	29:53
VP23 - Johannist	5.90	34:06	5:46	8	6:40	23	10:35	137.00	11:27:46	5:01	2	35:37	2	35:37
VP24 - Dammwe	5.70	34:17	6:00	9	8:11	27	10:21	142.70	12:02:03	5:03	3	40:50	3	40:50
VP25 - East Side	5.80	40:56	7:03	9	8:45	27	12:49	148.50	12:42:59	5:08	3	43:47	5	43:47
VP26 - Checkpoir	5.28	25:55	4:54	5	4:15	18	9:04	153.78	13:08:54	5:07	3	45:08	5	45:08
VP27 - Gedenkst.	3.32	26:39	8:01	5	2:24	14	8:11	157.10	13:35:33	5:11	3	43:50	6	43:50
Friedrich-Ludwig	4.60	30:09	6:33	14	6:17	30	9:11	161.70	14:05:42	5:13	4	1:40:13	7	1:40:13