



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, TS4T

□□: Das laufende Quartett

□□: 4029

□□: 161.70 km

100MeilenBerlin

□□□□:

4er-Staffel / 4-person relay

□□□: 13:18:20

□□: 12.10 km/h

□□□□: 4:56 min/km

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□□□□□□: 12:25:29

□□□□□: 2(of 42)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□	□□ □□□	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□	□□ □□□
VP1 - Wilhelmsru	6.94	31:45	4:34	5	28:51	8	28:51	6.94	31:45	4:34	5	28:51	8	28:51	
VP2 - Laufftreff Li	5.69	25:30	4:28	2	0:43	5	1:34	12.63	57:15	4:31	3	3:53	6	3:53	
VP3 - Oranienbur	5.74	24:39	4:17	5	1:44	7	1:44	18.37	1:21:54	4:27	4	3:01	6	3:33	
VP4 - Naturschut	4.70	21:51	4:38	2	0:27	3	0:42	23.07	1:43:45	4:29	2	3:28	3	4:15	
VP5 - Frohnau	6.80	29:14	4:17	4	2:22	6	2:22	29.87	2:12:59	4:27	2	5:50	3	5:50	
VP6 - Ruderclub	4.06	17:13	4:14	1	-	2	1:06	33.93	2:30:12	4:25	1	-	2	4:30	
VP7 - Grenzturm	4.75	24:19	5:07	16	4:17	21	7:12	38.68	2:54:31	4:30	3	3:09	4	7:51	
VP8 - Schönwald	7.52	38:51	5:09	14	5:40	21	10:58	46.20	3:33:22	4:37	4	23:19	5	23:19	
VP9 - Falkenseer	5.76	31:20	5:26	13	4:41	19	8:57	51.96	4:04:42	4:42	2	4:52	3	16:32	
VP10 - Karolinenl	6.54	36:17	5:32	13	4:32	19	4:32	58.50	4:40:59	4:48	2	5:43	3	20:07	
VP11 - Pagel & Fi	4.90	26:36	5:25	15	3:44	22	4:45	63.40	5:07:35	4:51	2	6:18	3	20:13	
VP12 - Schloss S	7.62	39:32	5:11	13	4:51	18	4:51	71.02	5:47:07	4:53	3	2:59	4	23:49	
VP13 - Revierförs	6.21	26:31	4:16	1	-	2	2:23	77.23	6:13:38	4:50	2	1:37	3	18:32	
VP14 - Brauhaus	6.00	25:10	4:11	1	-	2	2:35	83.23	6:38:48	4:47	2	0:34	3	14:30	
VP15 - Gedenkst.	6.90	30:23	4:24	1	-	1	-	90.13	7:09:11	4:45	1	-	2	12:39	
VP16 - Königswe	6.87	37:59	5:31	9	4:48	21	8:09	97.00	7:47:10	4:48	2	2:19	3	13:21	
VP17 - Sportplatz	6.20	33:54	5:28	9	5:01	17	5:42	103.20	8:21:04	4:51	2	5:15	3	12:32	
VP18 - Osdorfer	6.50	26:45	4:06	2	1:45	2	1:45	109.70	8:47:49	4:48	1	-	1	-	
VP19 - Lichtenra	5.70	28:31	5:00	2	2:17	4	2:17	115.40	9:16:20	4:49	1	-	1	-	
VP20 - Kirchhain	4.37	16:46	3:50	2	1:08	4	1:24	119.77	9:33:06	4:47	1	-	1	-	
VP21 - Buckow	6.43	27:16	4:14	2	2:20	3	2:20	126.20	10:00:22	4:45	1	-	1	-	
VP22 - Rudow	4.90	23:25	4:46	2	2:53	8	3:34	131.10	10:23:47	4:45	1	-	1	-	
VP23 - Johannistl	5.90	28:22	4:48	2	0:56	8	4:51	137.00	10:52:09	4:45	1	-	1	-	
VP24 - Dammwe	5.70	29:04	5:05	4	2:58	16	5:08	142.70	11:21:13	4:46	1	-	1	-	
VP25 - East Side	5.80	37:59	6:32	5	5:48	17	9:52	148.50	11:59:12	4:50	1	-	1	-	
VP26 - Checkpoir	5.28	24:34	4:39	4	2:54	15	7:43	153.78	12:23:46	4:50	1	-	1	-	
VP27 - Gedenkst.	3.32	27:57	8:25	9	3:42	21	9:29	157.10	12:51:43	4:54	1	-	1	-	
Friedrich-Ludwig	4.60	26:37	5:47	6	2:45	14	5:39	161.70	13:18:20	4:56	2	52:51	2	52:51	