



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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Team, TS4T

□□: Born to Run

□□: 4034

□□: 161.70 km

100MeilenBerlin

□□□□:

4er-Staffel / 4-person relay

□□□: 16:44:19

□□: 9.66 km/h

□□□□: 6:13 min/km

□□□□□/□□□: 51 (of 459)

□□□□□/□□□: 36 (of 85)

□□□□□□: 12:25:29

□□□□□: 15(of 42)

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□	□□ □□□	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □□	□□ □□□	
VP1 - Wilhelmsru	6.94	38:34	5:33	16	35:40	30	35:40	6.94	38:34	5:33	16	35:40	30	35:40
VP2 - Laufftreff Li	5.69	31:32	5:32	14	6:45	30	7:36	12.63	1:10:06	5:33	15	16:44	29	16:44
VP3 - Oranienbur	5.74	29:23	5:07	10	6:28	22	6:28	18.37	1:39:29	5:24	12	20:36	24	21:08
VP4 - Naturschut	4.70	27:43	5:53	11	6:19	22	6:34	23.07	2:07:12	5:30	12	26:55	24	27:42
VP5 - Frohnau	6.80	35:45	5:15	11	8:53	23	8:53	29.87	2:42:57	5:27	10	35:48	22	35:48
VP6 - Ruderclub	4.06	21:17	5:14	7	4:04	13	5:10	33.93	3:04:14	5:25	10	34:02	21	38:32
VP7 - Grenzturm	4.75	25:34	5:22	19	5:32	26	8:27	38.68	3:29:48	5:25	11	38:26	20	43:08
VP8 - Schönwald	7.52	41:49	5:33	22	8:38	32	13:56	46.20	4:11:37	5:26	12	1:01:34	19	1:01:34
VP9 - Falkenseer	5.76	31:47	5:31	15	5:08	22	9:24	51.96	4:43:24	5:27	12	43:34	19	55:14
VP10 - Karolinenl	6.54	35:50	5:28	11	4:05	17	4:05	58.50	5:19:14	5:27	10	43:58	16	58:22
VP11 - Pagel & Fi	4.90	26:14	5:21	13	3:22	16	4:23	63.40	5:45:28	5:26	9	44:11	15	58:06
VP12 - Schloss S	7.62	37:50	4:57	7	3:09	9	3:09	71.02	6:23:18	5:23	9	39:10	15	1:00:00
VP13 - Revierförs	6.21	35:03	5:38	17	8:32	33	10:55	77.23	6:58:21	5:25	9	46:20	16	1:03:15
VP14 - Brauhaus	6.00	35:56	5:59	23	10:46	44	13:21	83.23	7:34:17	5:27	9	56:03	16	1:09:59
VP15 - Gedenkst.	6.90	35:59	5:12	12	5:36	18	5:36	90.13	8:10:16	5:26	11	1:01:05	18	1:13:44
VP16 - Königswe	6.87	43:36	6:20	16	10:25	41	13:46	97.00	8:53:52	5:30	12	1:09:01	20	1:20:03
VP17 - Sportplatz	6.20	33:33	5:24	8	4:40	15	5:21	103.20	9:27:25	5:29	10	1:11:36	18	1:18:53
VP18 - Osdorfer	6.50	37:40	5:47	17	12:40	31	12:40	109.70	10:05:05	5:30	9	1:17:16	17	1:17:16
VP19 - Lichtenra	5.70	38:29	6:45	17	12:15	35	12:15	115.40	10:43:34	5:34	9	1:27:14	18	1:27:14
VP20 - Kirchhain	4.37	25:52	5:55	22	10:14	44	10:30	119.77	11:09:26	5:35	10	1:36:20	19	1:36:20
VP21 - Buckow	6.43	45:04	7:00	31	20:08	59	20:08	126.20	11:54:30	5:39	11	1:54:08	24	1:54:08
VP22 - Rudow	4.90	36:02	7:21	25	15:30	51	16:11	131.10	12:30:32	5:43	13	2:06:45	26	2:06:45
VP23 - Johannistl	5.90	44:43	7:34	25	17:17	53	21:12	137.00	13:15:15	5:48	13	2:23:06	28	2:23:06
VP24 - Dammwe	5.70	43:40	7:39	24	17:34	51	19:44	142.70	13:58:55	5:52	13	2:37:42	29	2:37:42
VP25 - East Side	5.80	54:33	9:24	31	22:22	60	26:26	148.50	14:53:28	6:00	14	2:54:16	33	2:54:16
VP26 - Checkpoir	5.28	34:49	6:35	23	13:09	50	17:58	153.78	15:28:17	6:02	14	3:04:31	33	3:04:31
VP27 - Gedenkst.	3.32	39:01	11:45	29	14:46	60	20:33	157.10	16:07:18	6:09	14	3:15:35	35	3:15:35
Friedrich-Ludwig	4.60	37:01	8:02	28	13:09	54	16:03	161.70	16:44:19	6:12	15	4:18:50	36	4:18:50