



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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HILBERT, Michael

□□□: 22:38:49

□□: Waldläufer Grünheide

□□: 7.11 km/h

□□: 51

□□□□: 8:24 min/km

□□: 161.70 km

□□□□□/□□□: 187 (of 459)

100MeilenBerlin

□□□□□/□: 103 (of 302)

□□□□□□: 13:39:56

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□□□□□: 9(of 46)

Senioren M55 (55-59 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	50:20	7:15	28	19:19	227	19:19	6.94	50:20	7:15	28	19:19	227	19:19
VP2 - Laufftreff Li	5.69	40:58	7:11	21	16:53	194	16:53	12.63	1:31:18	7:13	25	36:12	207	36:12
VP3 - Oranienbur	5.74	38:55	6:46	23	14:49	188	14:49	18.37	2:10:13	7:05	22	51:01	198	51:01
VP4 - Naturschut	4.70	36:45	7:49	22	14:19	180	14:19	23.07	2:46:58	7:14	24	1:05:20	196	1:05:20
VP5 - Frohnau	6.80	48:25	7:07	25	19:30	193	19:30	29.87	3:35:23	7:12	25	1:24:50	197	1:24:50
VP6 - Ruderclub	4.06	32:53	8:05	18	14:43	154	14:46	33.93	4:08:16	7:19	23	1:39:33	185	1:39:33
VP7 - Grenzturm	4.75	33:54	7:08	15	12:11	150	12:11	38.68	4:42:10	7:17	21	1:51:44	180	1:51:44
VP8 - Schönwald	7.52	58:16	7:44	25	22:02	204	22:26	46.20	5:40:26	7:22	21	2:13:46	181	2:13:46
VP9 - Falkenseer	5.76	48:03	8:20	21	19:15	168	19:43	51.96	6:28:29	7:28	22	2:33:01	180	2:33:01
VP10 - Karolinenl	6.54	48:07	7:21	5	15:55	103	15:55	58.50	7:16:36	7:27	19	2:48:56	170	2:48:56
VP11 - Pagel & Fi	4.90	35:51	7:18	5	12:48	95	12:48	63.40	7:52:27	7:27	17	3:01:44	158	3:01:44
VP12 - Schloss S	7.62	55:28	7:16	4	18:35	66	18:35	71.02	8:47:55	7:26	11	3:20:19	144	3:20:19
VP13 - Revierförs	6.21	46:06	7:25	5	17:16	84	17:16	77.23	9:34:01	7:25	11	3:37:35	135	3:37:35
VP14 - Brauhaus	6.00	54:57	9:09	20	26:24	198	26:24	83.23	10:28:58	7:33	12	4:03:59	142	4:03:59
VP15 - Gedenkst.	6.90	52:29	7:36	8	19:34	107	19:34	90.13	11:21:27	7:33	12	4:23:33	135	4:23:33
VP16 - Königswe	6.87	1:13:06	10:38	19	38:21	183	38:21	97.00	12:34:33	7:46	13	5:01:54	146	5:01:54
VP17 - Sportplatz	6.20	52:43	8:30	5	18:58	48	18:58	103.20	13:27:16	7:49	12	5:20:52	132	5:20:52
VP18 - Osdorfer	6.50	1:01:19	9:26	14	24:35	142	26:52	109.70	14:28:35	7:55	12	5:45:27	132	5:45:27
VP19 - Lichtenra	5.70	56:34	9:55	11	20:37	124	22:24	115.40	15:25:09	8:01	12	6:06:04	130	6:06:04
VP20 - Kirchhain	4.37	39:23	9:00	13	20:33	135	20:33	119.77	16:04:32	8:03	12	6:26:37	129	6:26:37
VP21 - Buckow	6.43	57:16	8:54	10	23:40	112	23:40	126.20	17:01:48	8:05	12	6:50:17	127	6:50:17
VP22 - Rudow	4.90	47:43	9:44	13	21:44	125	21:44	131.10	17:49:31	8:09	12	7:12:01	128	7:12:01
VP23 - Johannistl	5.90	56:37	9:35	12	25:02	99	25:02	137.00	18:46:08	8:13	12	7:37:03	127	7:37:03
VP24 - Dammwe	5.70	51:49	9:05	6	20:09	68	20:38	142.70	19:37:57	8:15	11	7:57:12	118	7:57:12
VP25 - East Side	5.80	59:51	10:19	7	20:23	73	22:54	148.50	20:37:48	8:20	11	8:17:35	117	8:17:35
VP26 - Checkpoir	5.28	35:21	6:41	4	11:18	45	13:48	153.78	21:13:09	8:16	10	8:28:53	108	8:28:53
VP27 - Gedenkst.	3.32	42:27	12:47	8	15:40	76	17:50	157.10	21:55:36	8:22	9	8:44:33	104	8:44:33
Friedrich-Ludwig	4.60	43:13	9:23	10	14:20	94	19:01	161.70	22:38:49	8:24	9	8:58:53	103	8:58:53