



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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GRAF, Robert

00: SV Kasing

00: 52

00: 161.70 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 25:39:56

00: 6.27 km/h

0000: 9:31 min/km

00000/000: 270 (of 459)

00000/0: 163 (of 302)

000000: 13:39:56

00000: 40(of 58)

0000000: 15:32:56

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Wilhelmsru	6.94	42:15	6:05	17	8:49	85	11:14	6.94	42:15	6:05	17	8:49	85	11:14
VP2 - Laufftreff Li	5.69	35:31	6:14	18	7:50	86	11:26	12.63	1:17:46	6:09	18	16:39	88	22:40
VP3 - Oranienbur	5.74	36:09	6:17	30	9:00	138	12:03	18.37	1:53:55	6:12	19	25:39	101	34:43
VP4 - Naturschut	4.70	34:29	7:20	28	9:07	138	12:03	23.07	2:28:24	6:25	20	34:46	110	46:46
VP5 - Frohnau	6.80	44:52	6:35	30	11:04	141	15:57	29.87	3:13:16	6:28	22	45:50	116	1:02:43
VP6 - Ruderclub	4.06	29:04	7:09	24	7:40	103	10:57	33.93	3:42:20	6:33	20	52:46	107	1:13:37
VP7 - Grenzturm	4.75	33:09	6:58	31	9:01	135	11:26	38.68	4:15:29	6:36	22	1:01:28	110	1:25:03
VP8 - Schönwald	7.52	50:55	6:46	27	11:44	124	15:05	46.20	5:06:24	6:37	23	1:09:22	110	1:39:44
VP9 - Falkenseer	5.76	48:35	8:26	36	17:12	173	20:15	51.96	5:54:59	6:49	26	1:26:22	124	1:59:31
VP10 - Karolinenl	6.54	52:29	8:01	36	17:48	158	20:17	58.50	6:47:28	6:57	30	1:41:48	132	2:19:48
VP11 - Pagel & Fi	4.90	40:38	8:17	34	13:42	153	17:35	63.40	7:28:06	7:04	31	1:53:32	135	2:37:23
VP12 - Schloss S	7.62	1:16:24	10:01	42	35:21	192	39:31	71.02	8:44:30	7:23	33	2:26:05	140	3:16:54
VP13 - Revierförs	6.21	52:47	8:29	36	17:31	163	23:57	77.23	9:37:17	7:28	32	2:43:18	141	3:40:51
VP14 - Brauhaus	6.00	47:46	7:57	29	15:26	127	19:13	83.23	10:25:03	7:30	31	2:54:09	137	4:00:04
VP15 - Gedenkst.	6.90	58:13	8:26	34	19:55	163	25:18	90.13	11:23:16	7:34	30	3:13:41	137	4:25:22
VP16 - Königswe	6.87	1:10:03	10:11	38	26:36	166	35:18	97.00	12:33:19	7:45	32	3:39:02	144	5:00:40
VP17 - Sportplatz	6.20	1:16:31	12:20	34	38:40	155	42:46	103.20	13:49:50	8:02	32	4:17:42	148	5:43:26
VP18 - Osdorfer	6.50	1:01:04	9:23	33	23:11	141	26:37	109.70	14:50:54	8:07	32	4:40:53	150	6:07:46
VP19 - Lichtenra	5.70	57:21	10:03	27	17:56	134	23:11	115.40	15:48:15	8:13	30	4:58:49	147	6:29:10
VP20 - Kirchhain	4.37	41:03	9:23	34	17:15	147	22:13	119.77	16:29:18	8:15	30	5:16:04	148	6:51:23
VP21 - Buckow	6.43	1:16:37	11:54	41	40:10	184	43:01	126.20	17:45:55	8:26	33	5:56:14	152	7:34:24
VP22 - Rudow	4.90	1:00:15	12:17	42	30:12	178	34:16	131.10	18:46:10	8:35	31	6:26:26	153	8:08:40
VP23 - Johannistl	5.90	1:25:29	14:29	49	50:07	202	53:54	137.00	20:11:39	8:50	39	7:16:33	164	9:02:34
VP24 - Dammwe	5.70	1:15:37	13:15	48	40:39	198	44:26	142.70	21:27:16	9:01	39	7:57:12	161	9:46:31
VP25 - East Side	5.80	1:29:37	15:27	46	49:59	203	52:40	148.50	22:56:53	9:16	39	8:47:11	163	10:36:40
VP26 - Checkpoir	5.28	51:00	9:39	40	26:08	178	29:27	153.78	23:47:53	9:17	40	9:13:19	163	11:03:37
VP27 - Gedenkst.	3.32	56:40	17:04	43	30:10	192	32:03	157.10	24:44:33	9:26	40	9:43:29	164	11:33:30
Friedrich-Ludwig	4.60	55:23	12:02	41	27:38	172	31:11	161.70	25:39:56	9:31	40	10:07:00	163	12:00:00