



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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REICH, Hanan

□□: haverim shel snior

□□: 56

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 23:22:52

□□: 6.89 km/h

□□□□: 8:40 min/km

□□□□□/□□□□: 219 (of 459)

□□□□□/□: 129 (of 302)

□□□□□□: 13:39:56

□□□□□: 42(of 85)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	50:41	7:18	70	17:17	231	19:40	6.94	50:41	7:18	70	17:17	231	19:40	
VP2 - Laufftreff Li	5.69	43:29	7:38	74	16:14	233	19:24	12.63	1:34:10	7:27	72	33:31	231	39:04	
VP3 - Oranienbur	5.74	39:02	6:48	64	13:13	192	14:56	18.37	2:13:12	7:15	68	46:44	216	54:00	
VP4 - Naturschut	4.70	38:44	8:14	67	13:37	211	16:18	23.07	2:51:56	7:27	67	1:00:21	217	1:10:18	
VP5 - Frohnau	6.80	48:27	7:07	62	15:13	194	19:32	29.87	3:40:23	7:22	66	1:14:35	212	1:29:50	
VP6 - Ruderclub	4.06	32:26	7:59	47	10:57	147	14:19	33.93	4:12:49	7:27	64	1:25:32	198	1:44:06	
VP7 - Grenzturm	4.75	34:37	7:17	56	10:33	163	12:54	38.68	4:47:26	7:25	63	1:36:05	193	1:57:00	
VP8 - Schönwald	7.52	52:56	7:02	53	13:29	157	17:06	46.20	5:40:22	7:22	59	1:48:42	180	2:13:42	
VP9 - Falkenseer	5.76	45:05	7:49	45	12:41	133	16:45	51.96	6:25:27	7:25	59	2:01:18	174	2:29:59	
VP10 - Karolinenl	6.54	51:19	7:50	46	16:15	145	19:07	58.50	7:16:46	7:27	59	2:16:36	172	2:49:06	
VP11 - Pagel & Fi	4.90	36:53	7:31	38	8:59	108	13:50	63.40	7:53:39	7:28	56	2:25:35	162	3:02:56	
VP12 - Schloss S	7.62	1:08:58	9:03	45	25:27	145	32:05	71.02	9:02:37	7:38	58	2:47:37	169	3:35:01	
VP13 - Revierförs	6.21	52:43	8:29	54	16:58	161	23:53	77.23	9:55:20	7:42	57	3:02:20	168	3:58:54	
VP14 - Brauhaus	6.00	47:19	7:53	43	14:18	122	18:46	83.23	10:42:39	7:43	57	3:15:34	161	4:17:40	
VP15 - Gedenkst.	6.90	58:17	8:26	56	18:43	164	25:22	90.13	11:40:56	7:46	55	3:33:47	163	4:43:02	
VP16 - Königswe	6.87	1:05:38	9:33	48	23:59	146	30:53	97.00	12:46:34	7:54	52	3:54:04	160	5:13:55	
VP17 - Sportplatz	6.20	56:32	9:07	19	18:45	63	22:47	103.20	13:43:06	7:58	47	4:07:57	140	5:36:42	
VP18 - Osdorfer	6.50	1:04:58	9:59	48	27:09	157	30:31	109.70	14:48:04	8:05	47	4:30:00	145	6:04:56	
VP19 - Lichtenra	5.70	1:00:53	10:40	52	22:59	155	26:43	115.40	15:48:57	8:13	49	4:47:50	148	6:29:52	
VP20 - Kirchhain	4.37	39:17	8:59	45	17:26	134	20:27	119.77	16:28:14	8:15	49	5:04:07	147	6:50:19	
VP21 - Buckow	6.43	1:02:25	9:42	49	27:21	145	28:49	126.20	17:30:39	8:19	48	5:28:52	146	7:19:08	
VP22 - Rudow	4.90	46:49	9:33	37	16:36	113	20:50	131.10	18:17:28	8:22	48	5:45:28	144	7:39:58	
VP23 - Johannistl	5.90	1:00:26	10:14	43	25:24	131	28:51	137.00	19:17:54	8:27	48	6:10:52	143	8:08:49	
VP24 - Dammwe	5.70	1:04:53	11:22	48	30:37	155	33:42	142.70	20:22:47	8:34	47	6:41:29	140	8:42:02	
VP25 - East Side	5.80	1:05:38	11:18	36	25:07	113	28:41	148.50	21:28:25	8:40	47	7:06:36	139	9:08:12	
VP26 - Checkpoir	5.28	35:15	6:40	13	10:12	44	13:42	153.78	22:03:40	8:36	47	7:16:48	139	9:19:24	
VP27 - Gedenkst.	3.32	34:43	10:27	8	7:15	31	10:06	157.10	22:38:23	8:38	44	7:20:02	133	9:27:20	
Friedrich-Ludwig	4.60	44:29	9:40	31	15:00	105	20:17	161.70	23:22:52	8:40	42	7:34:58	129	9:42:56	