



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

0000

EDELMANN, Roland

000: 16:58:18

00: (ohne)

00: 9.53 km/h

00: 63

0000: 6:18 min/km

00: 161.70 km

00000/0000: 58 (of 459)

100MeilenBerlin

00000/0: 19 (of 302)

000000: 13:39:56

0000:

00000: 2(of 58)

Senioren M50 (50-54 Jahre)

0000000: 15:32:56

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
VP1 - Wilhelmsru	6.94	36:55	5:19	4	3:29	21	5:54	6.94	36:55	5:19	4	3:29	21	5:54
VP2 - Laufftreff Li	5.69	30:37	5:22	3	2:56	19	6:32	12.63	1:07:32	5:20	3	6:25	19	12:26
VP3 - Oranienbur	5.74	28:17	4:55	2	1:08	17	4:11	18.37	1:35:49	5:12	3	7:33	18	16:37
VP4 - Naturschut	4.70	26:41	5:40	3	1:19	19	4:15	23.07	2:02:30	5:18	3	8:52	18	20:52
VP5 - Frohnau	6.80	34:42	5:06	3	0:54	18	5:47	29.87	2:37:12	5:15	3	9:46	17	26:39
VP6 - Ruderclub	4.06	21:24	5:16	1	-	9	3:17	33.93	2:58:36	5:15	3	9:02	16	29:53
VP7 - Grenzturm	4.75	24:27	5:08	2	0:19	8	2:44	38.68	3:23:03	5:14	2	9:02	15	32:37
VP8 - Schönwald	7.52	39:11	5:12	1	-	6	3:21	46.20	4:02:14	5:14	2	5:12	14	35:34
VP9 - Falkenseer	5.76	31:23	5:26	1	-	8	3:03	51.96	4:33:37	5:15	2	5:00	14	38:09
VP10 - Karolinenl	6.54	34:41	5:18	1	-	4	2:29	58.50	5:08:18	5:16	2	2:38	13	40:38
VP11 - Pagel & Fi	4.90	26:56	5:29	1	-	9	3:53	63.40	5:35:14	5:17	2	0:40	12	44:31
VP12 - Schloss S	7.62	43:11	5:40	2	2:08	12	6:18	71.02	6:18:25	5:19	1	-	10	50:49
VP13 - Revierförs	6.21	35:34	5:43	3	0:18	13	6:44	77.23	6:53:59	5:21	1	-	10	57:33
VP14 - Brauhaus	6.00	36:55	6:09	2	4:35	27	8:22	83.23	7:30:54	5:25	1	-	13	1:05:55
VP15 - Gedenkst.	6.90	38:41	5:36	2	0:23	13	5:46	90.13	8:09:35	5:25	1	-	13	1:11:41
VP16 - Königswe	6.87	50:21	7:19	4	6:54	33	15:36	97.00	8:59:56	5:33	2	5:39	14	1:27:17
VP17 - Sportplatz	6.20	40:53	6:35	2	3:02	13	7:08	103.20	9:40:49	5:37	2	8:41	14	1:34:25
VP18 - Osdorfer	6.50	42:31	6:32	3	4:38	22	8:04	109.70	10:23:20	5:40	2	13:19	15	1:40:12
VP19 - Lichtenrav	5.70	43:06	7:33	2	3:41	25	8:56	115.40	11:06:26	5:46	2	17:00	15	1:47:21
VP20 - Kirchhain	4.37	28:54	6:36	6	5:06	31	10:04	119.77	11:35:20	5:48	2	22:06	15	1:57:25
VP21 - Buckow	6.43	42:25	6:35	4	5:58	23	8:49	126.20	12:17:45	5:50	2	28:04	14	2:06:14
VP22 - Rudow	4.90	38:23	7:49	8	8:20	40	12:24	131.10	12:56:08	5:55	2	36:24	14	2:18:38
VP23 - Johannistl	5.90	42:09	7:08	5	6:47	27	10:34	137.00	13:38:17	5:58	2	43:11	17	2:29:12
VP24 - Dammwe	5.70	46:10	8:05	4	11:12	38	14:59	142.70	14:24:27	6:03	2	54:23	17	2:43:42
VP25 - East Side	5.80	49:41	8:33	4	10:03	28	12:44	148.50	15:14:08	6:09	2	1:04:26	17	2:53:55
VP26 - Checkpoir	5.28	32:36	6:10	5	7:44	30	11:03	153.78	15:46:44	6:09	2	1:12:10	19	3:02:28
VP27 - Gedenkst.	3.32	35:24	10:39	6	8:54	35	10:47	157.10	16:22:08	6:15	2	1:21:04	19	3:11:05
Friedrich-Ludwig	4.60	36:10	7:51	9	8:25	47	11:58	161.70	16:58:18	6:17	2	1:25:22	19	3:18:22