



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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RHODES, Rosemary

□□□: 23:30:53

□□: (ohne)

□□: 6.88 km/h

□□: 64

□□□□: 8:43 min/km

□□: 161.70 km

□□□□□/□□□□: 229 (of 459)

100MeilenBerlin

□□□□□/□: 18 (of 72)

□□□□□□: 17:20:20

□□□□:

□□□□□: 5(of 18)

Seniorinnen W50 (50-54 Jahre)

□□□□□□□: 20:27:00

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □	
VP1 - Wilhelmsru	6.94	48:15	6:57	7	6:11	33	11:18	6.94	48:15	6:57	7	6:11	33	11:18
VP2 - Laufftreff Li	5.69	40:17	7:04	6	6:31	28	8:46	12.63	1:28:32	7:00	6	11:27	30	19:55
VP3 - Oranienbur	5.74	35:36	6:12	4	2:47	15	5:09	18.37	2:04:08	6:45	6	14:14	27	24:54
VP4 - Naturschut	4.70	33:29	7:07	3	1:33	15	5:13	23.07	2:37:37	6:49	6	15:47	25	29:37
VP5 - Frohnau	6.80	44:10	6:29	3	2:35	14	7:33	29.87	3:21:47	6:45	5	15:26	22	36:16
VP6 - Ruderclub	4.06	26:02	6:24	2	0:27	5	3:17	33.93	3:47:49	6:42	4	15:53	18	39:23
VP7 - Grenzturm	4.75	31:57	6:43	1	-	12	5:49	38.68	4:19:46	6:42	4	15:07	17	45:12
VP8 - Schönwald	7.52	52:02	6:55	3	4:28	18	9:41	46.20	5:11:48	6:44	4	14:07	17	54:53
VP9 - Falkenseer	5.76	40:36	7:02	2	0:22	9	6:10	51.96	5:52:24	6:46	3	11:56	13	1:00:13
VP10 - Karolinenl	6.54	46:56	7:10	2	1:05	12	7:35	58.50	6:39:20	6:49	3	12:55	13	1:06:46
VP11 - Pagel & Fi	4.90	37:31	7:39	6	1:39	23	7:12	63.40	7:16:51	6:53	3	14:05	15	1:13:58
VP12 - Schloss S	7.62	56:46	7:26	2	0:29	8	11:07	71.02	8:13:37	6:57	3	13:32	13	1:25:05
VP13 - Revierförs	6.21	50:58	8:12	5	7:58	24	11:52	77.23	9:04:35	7:03	3	21:30	13	1:36:35
VP14 - Brauhaus	6.00	47:24	7:53	5	6:59	23	11:39	83.23	9:51:59	7:06	3	28:29	12	1:44:45
VP15 - Gedenkst.	6.90	55:05	7:58	5	5:02	21	13:50	90.13	10:47:04	7:10	3	33:31	13	1:50:39
VP16 - Königswe	6.87	58:51	8:33	3	10:06	11	11:42	97.00	11:45:55	7:16	3	43:37	11	2:00:46
VP17 - Sportplatz	6.20	1:08:16	11:00	5	5:26	20	23:23	103.20	12:54:11	7:30	3	46:59	15	2:17:08
VP18 - Osdorfer	6.50	1:17:42	11:57	11	30:37	39	35:59	109.70	14:11:53	7:45	4	1:17:36	17	2:53:07
VP19 - Lichtenra	5.70	1:00:41	10:38	6	13:12	25	19:20	115.40	15:12:34	7:54	5	1:30:48	19	3:11:11
VP20 - Kirchhain	4.37	47:20	10:49	9	14:03	37	20:35	119.77	15:59:54	8:00	5	1:44:51	19	3:31:46
VP21 - Buckow	6.43	1:05:08	10:07	6	13:31	26	23:27	126.20	17:05:02	8:07	5	1:57:53	19	3:55:13
VP22 - Rudow	4.90	45:05	9:12	2	1:25	12	12:05	131.10	17:50:07	8:09	5	1:56:16	19	4:07:18
VP23 - Johannistl	5.90	1:22:54	14:03	13	28:06	48	43:43	137.00	19:13:01	8:24	6	2:22:54	20	4:51:01
VP24 - Dammwe	5.70	54:41	9:35	2	4:12	11	13:49	142.70	20:07:42	8:27	6	2:27:06	20	5:03:40
VP25 - East Side	5.80	1:06:36	11:28	2	9:52	17	21:46	148.50	21:14:18	8:34	5	2:36:58	19	5:22:08
VP26 - Checkpoir	5.28	48:04	9:06	7	10:46	34	17:51	153.78	22:02:22	8:35	5	2:47:44	19	5:39:59
VP27 - Gedenkst.	3.32	39:40	11:56	2	3:33	7	12:22	157.10	22:42:02	8:40	5	2:51:17	19	5:52:21
Friedrich-Ludwig	4.60	48:51	10:37	5	12:36	24	48:51	161.70	23:30:53	8:43	5	3:03:53	19	6:10:33