



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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**MICHAELIS, Olli**

□□: Meddys LWT Koblenz + TEA

□□: 67

□□: 161.70 km

100MeilenBerlin

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Senioren M45 (45-49 Jahre)

□□□: 19:41:31

□□: 8.18 km/h

□□□□: 7:18 min/km

□□□□□/□□□□: 110 (of 459)

□□□□□/□: 45 (of 302)

□□□□□□: 13:39:56

□□□□□: 15(of 85)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	42:33	6:07	32	9:09	97	11:32	6.94	42:33	6:07	32	9:09	97	11:32
VP2 - Laufftreff Li	5.69	34:43	6:06	21	7:28	69	10:38	12.63	1:17:16	6:07	22	16:37	78	22:10
VP3 - Oranienbur	5.74	31:17	5:27	10	5:28	43	7:11	18.37	1:48:33	5:54	17	22:05	60	29:21
VP4 - Naturschut	4.70	33:06	7:02	38	7:59	112	10:40	23.07	2:21:39	6:08	25	30:04	78	40:01
VP5 - Frohnau	6.80	40:16	5:55	18	7:02	62	11:21	29.87	3:01:55	6:05	23	36:07	71	51:22
VP6 - Ruderclub	4.06	23:00	5:39	3	1:31	22	4:53	33.93	3:24:55	6:02	16	37:38	55	56:12
VP7 - Grenzturm	4.75	27:48	5:51	9	3:44	36	6:05	38.68	3:52:43	6:00	11	41:22	48	1:02:17
VP8 - Schönwald	7.52	42:54	5:42	8	3:27	30	7:04	46.20	4:35:37	5:57	11	43:57	44	1:08:57
VP9 - Falkenseer	5.76	33:46	5:51	3	1:22	20	5:26	51.96	5:09:23	5:57	11	45:14	44	1:13:55
VP10 - Karolinenl	6.54	40:05	6:07	7	5:01	28	7:53	58.50	5:49:28	5:58	10	49:18	41	1:21:48
VP11 - Pagel & Fi	4.90	30:08	6:08	7	2:14	27	7:05	63.40	6:19:36	5:59	10	51:32	40	1:28:53
VP12 - Schloss S	7.62	1:03:49	8:22	40	20:18	117	26:56	71.02	7:23:25	6:14	12	1:08:25	44	1:55:49
VP13 - Revierförs	6.21	41:19	6:39	10	5:34	34	12:29	77.23	8:04:44	6:16	12	1:11:44	44	2:08:18
VP14 - Brauhaus	6.00	38:41	6:26	11	5:40	38	10:08	83.23	8:43:25	6:17	12	1:16:20	44	2:18:26
VP15 - Gedenkst.	6.90	44:37	6:27	12	5:03	41	11:42	90.13	9:28:02	6:18	12	1:20:53	43	2:30:08
VP16 - Königswe	6.87	51:23	7:28	11	9:44	37	16:38	97.00	10:19:25	6:23	11	1:26:55	42	2:46:46
VP17 - Sportplatz	6.20	1:10:27	11:21	39	32:40	135	36:42	103.20	11:29:52	6:41	15	1:54:43	50	3:23:28
VP18 - Osdorfer	6.50	51:23	7:54	26	13:34	73	16:56	109.70	12:21:15	6:45	13	2:03:11	47	3:38:07
VP19 - Lichtenra	5.70	46:07	8:05	10	8:13	37	11:57	115.40	13:07:22	6:49	13	2:06:15	46	3:48:17
VP20 - Kirchhain	4.37	30:28	6:58	13	8:37	45	11:38	119.77	13:37:50	6:49	13	2:13:43	44	3:59:55
VP21 - Buckow	6.43	50:17	7:49	20	15:13	61	16:41	126.20	14:28:07	6:52	14	2:26:20	46	4:16:36
VP22 - Rudow	4.90	41:08	8:23	15	10:55	53	15:09	131.10	15:09:15	6:56	17	2:37:15	49	4:31:45
VP23 - Johannistl	5.90	47:31	8:03	14	12:29	44	15:56	137.00	15:56:46	6:59	16	2:49:44	48	4:47:41
VP24 - Dammwe	5.70	51:55	9:06	24	17:39	69	20:44	142.70	16:48:41	7:04	17	3:07:23	51	5:07:56
VP25 - East Side	5.80	55:36	9:35	17	15:05	49	18:39	148.50	17:44:17	7:10	17	3:22:28	49	5:24:04
VP26 - Checkpoir	5.28	42:20	8:01	34	17:17	109	20:47	153.78	18:26:37	7:11	18	3:39:45	51	5:42:21
VP27 - Gedenkst.	3.32	37:24	11:15	16	9:56	49	12:47	157.10	19:04:01	7:16	17	3:45:40	49	5:52:58
Friedrich-Ludwig	4.60	37:30	8:09	20	8:01	58	13:18	161.70	19:41:31	7:18	15	3:53:37	45	6:01:35