



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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BÖE, Hauke

□□: Bis einer heult

□□: 74

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 22:39:48

□□: 7.10 km/h

□□□□: 8:24 min/km

□□□□□/□□□□: 188 (of 459)

□□□□□/□: 104 (of 302)

□□□□□□: 13:39:56

□□□□□: 22(of 58)

□□□□□□□: 15:32:56

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	46:59	6:46	33	13:33	154	15:58	6.94	46:59	6:46	33	13:33	154	15:58
VP2 - Laufftreff Li	5.69	38:54	6:50	32	11:13	152	14:49	12.63	1:25:53	6:47	32	24:46	150	30:47
VP3 - Oranienbur	5.74	36:01	6:16	27	8:52	131	11:55	18.37	2:01:54	6:38	30	33:38	143	42:42
VP4 - Naturschut	4.70	35:06	7:28	30	9:44	153	12:40	23.07	2:37:00	6:48	31	43:22	147	55:22
VP5 - Frohnau	6.80	42:04	6:11	17	8:16	85	13:09	29.87	3:19:04	6:39	29	51:38	137	1:08:31
VP6 - Ruderclub	4.06	28:13	6:56	19	6:49	83	10:06	33.93	3:47:17	6:41	28	57:43	127	1:18:34
VP7 - Grenzturm	4.75	31:24	6:36	22	7:16	96	9:41	38.68	4:18:41	6:41	27	1:04:40	123	1:28:15
VP8 - Schönwald	7.52	49:55	6:38	23	10:44	107	14:05	46.20	5:08:36	6:40	25	1:11:34	116	1:41:56
VP9 - Falkenseer	5.76	42:18	7:20	21	10:55	97	13:58	51.96	5:50:54	6:45	22	1:22:17	108	1:55:26
VP10 - Karolinenl	6.54	47:43	7:17	23	13:02	100	15:31	58.50	6:38:37	6:48	20	1:32:57	104	2:10:57
VP11 - Pagel & Fi	4.90	37:35	7:40	23	10:39	116	14:32	63.40	7:16:12	6:52	22	1:41:38	107	2:25:29
VP12 - Schloss S	7.62	1:02:31	8:12	25	21:28	108	25:38	71.02	8:18:43	7:01	21	2:00:18	105	2:51:07
VP13 - Revierförs	6.21	48:30	7:48	22	13:14	116	19:40	77.23	9:07:13	7:05	19	2:13:14	103	3:10:47
VP14 - Brauhaus	6.00	46:32	7:45	25	14:12	111	17:59	83.23	9:53:45	7:08	20	2:22:51	105	3:28:46
VP15 - Gedenkst.	6.90	54:14	7:51	26	15:56	130	21:19	90.13	10:47:59	7:11	20	2:38:24	105	3:50:05
VP16 - Königswe	6.87	1:04:31	9:23	27	21:04	134	29:46	97.00	11:52:30	7:20	22	2:58:13	107	4:19:51
VP17 - Sportplatz	6.20	1:06:44	10:45	25	28:53	112	32:59	103.20	12:59:14	7:33	23	3:27:06	108	4:52:50
VP18 - Osdorfer	6.50	1:00:27	9:18	32	22:34	139	26:00	109.70	13:59:41	7:39	26	3:49:40	113	5:16:33
VP19 - Lichtenrav	5.70	1:06:00	11:34	37	26:35	172	31:50	115.40	15:05:41	7:50	26	4:16:15	118	5:46:36
VP20 - Kirchhain	4.37	37:41	8:37	27	13:53	118	18:51	119.77	15:43:22	7:52	26	4:30:08	118	6:05:27
VP21 - Buckow	6.43	57:58	9:00	27	21:31	120	24:22	126.20	16:41:20	7:56	24	4:51:39	118	6:29:49
VP22 - Rudow	4.90	43:57	8:58	13	13:54	80	17:58	131.10	17:25:17	7:58	24	5:05:33	116	6:47:47
VP23 - Johannistl	5.90	57:47	9:47	26	22:25	112	26:12	137.00	18:23:04	8:03	23	5:27:58	111	7:13:59
VP24 - Dammwe	5.70	55:13	9:41	22	20:15	99	24:02	142.70	19:18:17	8:07	23	5:48:13	109	7:37:32
VP25 - East Side	5.80	1:05:24	11:16	27	25:46	112	28:27	148.50	20:23:41	8:14	22	6:13:59	103	8:03:28
VP26 - Checkpoir	5.28	42:20	8:01	24	17:28	109	20:47	153.78	21:06:01	8:13	21	6:31:27	103	8:21:45
VP27 - Gedenkst.	3.32	46:42	14:03	26	20:12	120	22:05	157.10	21:52:43	8:21	21	6:51:39	103	8:41:40
Friedrich-Ludwig	4.60	47:05	10:14	27	19:20	123	22:53	161.70	22:39:48	8:24	22	7:06:52	104	8:59:52