



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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KIRCHNER, Bert

□□: TriCity Darmstadt

□□: 77

□□: 161.70 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 21:42:08

□□: 7.42 km/h

□□□□: 8:03 min/km

□□□□□/□□□□: 160 (of 459)

□□□□□/□: 83 (of 302)

□□□□□□: 13:39:56

□□□□□: 32(of 85)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	42:44	6:09	34	9:20	100	11:43	6.94	42:44	6:09	34	9:20	100	11:43
VP2 - Laufftreff Li	5.69	33:44	5:55	12	6:29	47	9:39	12.63	1:16:28	6:03	18	15:49	65	21:22
VP3 - Oranienbur	5.74	32:54	5:43	22	7:05	65	8:48	18.37	1:49:22	5:57	19	22:54	63	30:10
VP4 - Naturschut	4.70	30:23	6:27	20	5:16	65	7:57	23.07	2:19:45	6:03	21	28:10	66	38:07
VP5 - Frohnau	6.80	38:34	5:40	11	5:20	42	9:39	29.87	2:58:19	5:58	15	32:31	57	47:46
VP6 - Ruderclub	4.06	25:43	6:20	10	4:14	44	7:36	33.93	3:24:02	6:00	11	36:45	48	55:19
VP7 - Grenzturm	4.75	29:18	6:10	16	5:14	58	7:35	38.68	3:53:20	6:01	12	41:59	49	1:02:54
VP8 - Schönwald	7.52	48:54	6:30	30	9:27	87	13:04	46.20	4:42:14	6:06	18	50:34	60	1:15:34
VP9 - Falkenseer	5.76	48:48	8:28	56	16:24	176	20:28	51.96	5:31:02	6:22	23	1:06:53	74	1:35:34
VP10 - Karolinenl	6.54	58:03	8:52	67	22:59	206	25:51	58.50	6:29:05	6:39	30	1:28:55	92	2:01:25
VP11 - Pagel & Fi	4.90	36:54	7:31	39	9:00	109	13:51	63.40	7:05:59	6:43	32	1:37:55	96	2:15:16
VP12 - Schloss S	7.62	59:13	7:46	32	15:42	85	22:20	71.02	8:05:12	6:49	31	1:50:12	87	2:37:36
VP13 - Revierförs	6.21	51:43	8:19	51	15:58	151	22:53	77.23	8:56:55	6:57	32	2:03:55	88	3:00:29
VP14 - Brauhaus	6.00	45:22	7:33	36	12:21	100	16:49	83.23	9:42:17	6:59	32	2:15:12	92	3:17:18
VP15 - Gedenkst.	6.90	56:08	8:08	48	16:34	146	23:13	90.13	10:38:25	7:04	34	2:31:16	94	3:40:31
VP16 - Königswe	6.87	1:02:54	9:09	40	21:15	116	28:09	97.00	11:41:19	7:13	35	2:48:49	97	4:08:40
VP17 - Sportplatz	6.20	1:05:18	10:31	33	27:31	106	31:33	103.20	12:46:37	7:25	37	3:11:28	102	4:40:13
VP18 - Osdorfer	6.50	44:39	6:52	6	6:50	27	10:12	109.70	13:31:16	7:23	31	3:13:12	90	4:48:08
VP19 - Lichtenra	5.70	1:00:15	10:34	51	22:21	154	26:05	115.40	14:31:31	7:33	33	3:30:24	94	5:12:26
VP20 - Kirchhain	4.37	35:51	8:12	32	14:00	94	17:01	119.77	15:07:22	7:34	34	3:43:15	95	5:29:27
VP21 - Buckow	6.43	55:41	8:39	29	20:37	102	22:05	126.20	16:03:03	7:37	33	4:01:16	93	5:51:32
VP22 - Rudow	4.90	47:39	9:43	43	17:26	124	21:40	131.10	16:50:42	7:42	33	4:18:42	92	6:13:12
VP23 - Johannistl	5.90	57:38	9:46	38	22:36	109	26:03	137.00	17:48:20	7:47	33	4:41:18	93	6:39:15
VP24 - Dammwe	5.70	50:40	8:53	20	16:24	57	19:29	142.70	18:39:00	7:50	32	4:57:42	88	6:58:15
VP25 - East Side	5.80	1:01:33	10:36	28	21:02	86	24:36	148.50	19:40:33	7:56	32	5:18:44	88	7:20:20
VP26 - Checkpoir	5.28	40:31	7:40	29	15:28	93	18:58	153.78	20:21:04	7:56	32	5:34:12	86	7:36:48
VP27 - Gedenkst.	3.32	47:00	14:09	38	19:32	125	22:23	157.10	21:08:04	8:04	32	5:49:43	87	7:57:01
Friedrich-Ludwig	4.60	34:04	7:24	11	4:35	37	9:52	161.70	21:42:08	8:03	32	5:54:14	83	8:02:12