



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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HAUSDORF, Mike

□□□: 21:41:07

□□: LG Mauerweg Berlin e.V.

□□: 7.46 km/h

□□: 78

□□□□: 8:03 min/km

□□: 161.70 km

□□□□□/□□□: 158 (of 459)

100MeilenBerlin

□□□□□/□: 81 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 31(of 85)

Senioren M45 (45-49 Jahre)

□□□□□□□: 15:47:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	46:30	6:42	50	13:06	150	15:29	6.94	46:30	6:42	50	13:06	150	15:29
VP2 - Laufftreff Li	5.69	38:44	6:48	50	11:29	149	14:39	12.63	1:25:14	6:44	50	24:35	146	30:08
VP3 - Oranienbur	5.74	36:47	6:24	52	10:58	145	12:41	18.37	2:02:01	6:38	50	35:33	144	42:49
VP4 - Naturschut	4.70	33:16	7:04	41	8:09	118	10:50	23.07	2:35:17	6:43	48	43:42	138	53:39
VP5 - Frohnau	6.80	43:26	6:23	42	10:12	117	14:31	29.87	3:18:43	6:39	47	52:55	135	1:08:10
VP6 - Ruderclub	4.06	29:59	7:23	39	8:30	116	11:52	33.93	3:48:42	6:44	44	1:01:25	130	1:19:59
VP7 - Grenzturm	4.75	32:18	6:47	39	8:14	114	10:35	38.68	4:21:00	6:44	44	1:09:39	128	1:30:34
VP8 - Schönwald	7.52	50:29	6:42	40	11:02	117	14:39	46.20	5:11:29	6:44	44	1:19:49	126	1:44:49
VP9 - Falkenseer	5.76	41:32	7:12	31	9:08	88	13:12	51.96	5:53:01	6:47	41	1:28:52	118	1:57:33
VP10 - Karolinenl	6.54	51:30	7:52	48	16:26	148	19:18	58.50	6:44:31	6:54	42	1:44:21	121	2:16:51
VP11 - Pagel & Fi	4.90	36:39	7:28	37	8:45	104	13:36	63.40	7:21:10	6:57	42	1:53:06	123	2:30:27
VP12 - Schloss S	7.62	1:01:37	8:05	34	18:06	101	24:44	71.02	8:22:47	7:04	38	2:07:47	112	2:55:11
VP13 - Revierförs	6.21	46:08	7:25	30	10:23	85	17:18	77.23	9:08:55	7:06	37	2:15:55	106	3:12:29
VP14 - Brauhaus	6.00	42:35	7:05	32	9:34	85	14:02	83.23	9:51:30	7:06	37	2:24:25	103	3:26:31
VP15 - Gedenkst.	6.90	49:24	7:09	31	9:50	81	16:29	90.13	10:40:54	7:06	36	2:33:45	100	3:43:00
VP16 - Königswe	6.87	1:03:02	9:10	41	21:23	118	28:17	97.00	11:43:56	7:15	37	2:51:26	102	4:11:17
VP17 - Sportplatz	6.20	-	-	69		239		103.20	11:43:56	6:49	23	2:08:47	63	3:37:32
VP18 - Osdorfer	6.50	1:52:10	17:15	68	1:14:21	230	1:17:43	109.70	13:36:06	7:26	35	3:18:02	96	4:52:58
VP19 - Lichtenra	5.70	57:06	10:01	46	19:12	132	22:56	115.40	14:33:12	7:34	35	3:32:05	96	5:14:07
VP20 - Kirchhain	4.37	45:58	10:31	59	24:07	177	27:08	119.77	15:19:10	7:40	35	3:55:03	101	5:41:15
VP21 - Buckow	6.43	57:50	8:59	35	22:46	115	24:14	126.20	16:17:00	7:44	35	4:15:13	100	6:05:29
VP22 - Rudow	4.90	46:54	9:34	38	16:41	114	20:55	131.10	17:03:54	7:48	35	4:31:54	97	6:26:24
VP23 - Johannistl	5.90	52:52	8:57	25	17:50	69	21:17	137.00	17:56:46	7:51	34	4:49:44	96	6:47:41
VP24 - Dammwe	5.70	56:31	9:54	34	22:15	107	25:20	142.70	18:53:17	7:56	34	5:11:59	96	7:12:32
VP25 - East Side	5.80	1:04:50	11:10	35	24:19	108	27:53	148.50	19:58:07	8:04	34	5:36:18	96	7:37:54
VP26 - Checkpoir	5.28	35:29	6:43	14	10:26	48	13:56	153.78	20:33:36	8:01	34	5:46:44	95	7:49:20
VP27 - Gedenkst.	3.32	34:48	10:28	9	7:20	32	10:11	157.10	21:08:24	8:04	33	5:50:03	89	7:57:21
Friedrich-Ludwig	4.60	32:43	7:06	8	3:14	30	8:31	161.70	21:41:07	8:02	31	5:53:13	81	8:01:11