



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

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SPINTLER, Rene

□□□: 29:24:31

□□: Team Erdinger Alkoholfrei

□□: 5.47 km/h

□□: 92

□□□□: 10:54 min/km

□□: 161.70 km

□□□□□/□□□□: 336 (of 459)

100MeilenBerlin

□□□□□/□: 209 (of 302)

□□□□□□: 13:39:56

□□□□:

□□□□□: 27(of 36)

Senioren M40 (40-44 Jahre)

□□□□□□□: 14:37:35

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
VP1 - Wilhelmsru	6.94	49:21	7:06	29	15:59	206	18:20	6.94	49:21	7:06	29	15:59	206	18:20
VP2 - Laufftreff Li	5.69	45:33	8:00	33	18:49	256	21:28	12.63	1:34:54	7:30	31	34:48	236	39:48
VP3 - Oranienbur	5.74	42:09	7:20	33	16:58	233	18:03	18.37	2:17:03	7:27	32	51:46	239	57:51
VP4 - Naturschut	4.70	40:25	8:35	33	16:31	232	17:59	23.07	2:57:28	7:41	33	1:08:17	238	1:15:50
VP5 - Frohnau	6.80	49:13	7:14	27	16:36	204	20:18	29.87	3:46:41	7:35	32	1:24:53	228	1:36:08
VP6 - Ruderclub	4.06	38:23	9:27	29	18:00	216	20:16	33.93	4:25:04	7:48	31	1:42:53	225	1:56:21
VP7 - Grenzturm	4.75	35:34	7:29	24	11:18	173	13:51	38.68	5:00:38	7:46	30	1:53:52	222	2:10:12
VP8 - Schönwald	7.52	56:42	7:32	27	17:38	188	20:52	46.20	5:57:20	7:44	30	2:09:46	216	2:30:40
VP9 - Falkenseer	5.76	53:11	9:13	31	22:33	216	24:51	51.96	6:50:31	7:54	30	2:27:57	217	2:55:03
VP10 - Karolinenl	6.54	1:06:27	10:09	32	30:54	248	34:15	58.50	7:56:58	8:09	30	2:57:17	221	3:29:18
VP11 - Pagel & Fi	4.90	52:51	10:47	32	27:22	244	29:48	63.40	8:49:49	8:21	30	3:23:45	232	3:59:06
VP12 - Schloss S	7.62	1:25:09	11:10	26	44:50	229	48:16	71.02	10:14:58	8:39	30	4:06:50	234	4:47:22
VP13 - Revierförs	6.21	1:00:17	9:42	30	28:44	218	31:27	77.23	11:15:15	8:44	30	4:32:06	231	5:18:49
VP14 - Brauhaus	6.00	55:24	9:13	27	24:34	203	26:51	83.23	12:10:39	8:46	29	4:56:26	226	5:45:40
VP15 - Gedenkst.	6.90	1:21:10	11:45	32	46:57	254	48:15	90.13	13:31:49	9:00	29	5:42:57	229	6:33:55
VP16 - Königswe	6.87	1:28:08	12:49	28	50:04	230	53:23	97.00	14:59:57	9:16	28	6:31:51	230	7:27:18
VP17 - Sportplatz	6.20	1:42:32	16:32	28	1:08:32	215	1:08:47	103.20	16:42:29	9:42	28	7:40:17	230	8:36:05
VP18 - Osdorfer	6.50	1:18:24	12:03	27	43:44	207	43:57	109.70	18:00:53	9:51	28	8:24:01	228	9:17:45
VP19 - Lichtenra	5.70	1:21:29	14:17	29	47:11	229	47:19	115.40	19:22:22	10:04	28	9:11:12	227	10:03:17
VP20 - Kirchhain	4.37	58:02	13:16	27	37:27	219	39:12	119.77	20:20:24	10:11	28	9:48:39	224	10:42:29
VP21 - Buckow	6.43	1:49:58	17:06	27	1:15:56	228	1:16:22	126.20	22:10:22	10:32	28	11:04:02	223	11:58:51
VP22 - Rudow	4.90	1:04:14	13:06	24	36:57	199	38:15	131.10	23:14:36	10:38	28	11:39:22	221	12:37:06
VP23 - Johannistl	5.90	1:16:41	12:59	26	44:48	186	45:06	137.00	24:31:17	10:44	27	12:21:26	217	13:22:12
VP24 - Dammwe	5.70	1:11:28	12:32	26	39:25	186	40:17	142.70	25:42:45	10:48	27	13:00:02	215	14:02:00
VP25 - East Side	5.80	1:13:15	12:37	21	36:18	152	36:18	148.50	26:56:00	10:52	27	13:36:20	214	14:35:47
VP26 - Checkpoir	5.28	41:59	7:57	18	20:26	103	20:26	153.78	27:37:59	10:46	27	13:53:50	212	14:53:43
VP27 - Gedenkst.	3.32	47:42	14:22	20	22:52	130	23:05	157.10	28:25:41	10:51	27	14:13:35	209	15:14:38
Friedrich-Ludwig	4.60	58:50	12:47	25	34:38	191	34:38	161.70	29:24:31	10:54	27	14:46:56	209	15:44:35