



7nutslopet 2017
Gramstad / 09.09.2017

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Heine Fjellhaug

00: Avinor
00: 77

Enduro Long Men

0000:
Mann

000: 1:56:36

00: - km/h
0000: 8:59 min/km

00000/000: 54 (of 155)

00000/0: 48 (of 102)

000000: 1:23:07

00000: 49(of 102)

0000000: 1:23:07

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Fodgstadnuten	-	11:25	-	81	4:36	81	4:36	-	11:25	-	81	4:36	81	4:36	
Dalsnuten	-	16:40	-	64	5:34	64	5:34	-	28:05	-	74	10:10	74	10:10	
Øvre Eikenuten	-	11:31	-	49	2:20	49	2:20	-	39:36	-	60	12:30	60	12:30	
Gramstad mellor	-	7:54	-	43	2:12	43	2:12	-	47:30	-	59	14:42	59	14:42	
Kollirudla	-	11:39	-	69	3:13	69	3:13	-	59:09	-	59	17:55	59	17:55	
Mattisrudlå	-	23:58	-	41	6:30	41	6:30	-	1:23:07	-	54	24:25	54	24:25	
Bjørndalsfjellet	-	12:25	-	36	2:53	36	2:53	-	1:35:32	-	50	27:18	50	27:18	
Gramstadtjønna	-	18:57	-	40	5:46	40	5:46	-	1:54:29	-	48	33:04	48	33:04	
Finish	-	2:07	-	50	0:35	50	0:35	-	1:56:36	-	48	33:29	48	33:29	