



7nutslopet 2017
Gramstad / 09.09.2017

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André Sirevåg

□□: Statoil BIL

□□: 41

□□: 13.00 km

7nutsløpet

□□□□:

Mann

□□□: 2:04:27

□□: 6.27 km/h

□□□□: 9:35 min/km

□□□□□/□□□: 76 (of 155)

□□□□□/□: 63 (of 102)

□□□□□□: 1:23:07

□□□□□: 64(of 102)

□□□□□□□: 1:23:07

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Fodgstadnuten	-	9:58	-	55	3:09	55	3:09	-	9:58	-	55	3:09	55	3:09	
Dalsnuten	-	16:28	-	60	5:22	60	5:22	-	26:26	-	58	8:31	58	8:31	
Øvre Eikenuten	-	13:00	-	68	3:49	68	3:49	-	39:26	-	59	12:20	59	12:20	
Gramstad mellor	-	8:46	-	65	3:04	65	3:04	-	48:12	-	60	15:24	60	15:24	
Kollirudla	-	10:53	-	50	2:27	50	2:27	-	59:05	-	58	17:51	58	17:51	
Mattisrudlå	-	25:37	-	60	8:09	60	8:09	-	1:24:42	-	59	26:00	59	26:00	
Bjørndalsfjellet	-	14:29	-	64	4:57	64	4:57	-	1:39:11	-	62	30:57	62	30:57	
Gramstadtjønna	-	23:01	-	67	9:50	67	9:50	-	2:02:12	-	63	40:47	63	40:47	
Finish	-	2:15	-	65	0:43	65	0:43	13.00	2:04:27	-	64	41:20	64	41:20	