



7nutslopet 2017
Gramstad / 09.09.2017

0000

Randolph Behrens

000: 2:11:43

00: 17

00: 5.92 km/h

0000: 10:08 min/km

00: 13.00 km

00000/000: 88 (of 155)

7nutsløpet

00000/0: 70 (of 102)

000000: 1:23:07

0000:

00000: 71(of 102)

Mann

0000000: 1:23:07

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Fodgstadnuten	-	12:02	-	90	5:13	90	5:13	-	12:02	-	90	5:13	90	5:13	
Dalsnuten	-	16:53	-	69	5:47	69	5:47	-	28:55	-	79	11:00	79	11:00	
Øvre Eikenuten	-	13:19	-	73	4:08	73	4:08	-	42:14	-	76	15:08	76	15:08	
Gramstad mellor	-	9:38	-	80	3:56	80	3:56	-	51:52	-	76	19:04	76	19:04	
Kollirudla	-	13:57	-	91	5:31	91	5:31	-	1:05:49	-	75	24:35	75	24:35	
Mattisrudlå	-	28:17	-	76	10:49	76	10:49	-	1:34:06	-	75	35:24	75	35:24	
Bjørndalsfjellet	-	13:50	-	56	4:18	56	4:18	-	1:47:56	-	75	39:42	75	39:42	
Gramstadtjønna	-	21:43	-	60	8:32	60	8:32	-	2:09:39	-	70	48:14	70	48:14	
Finish	-	2:04	-	44	0:32	44	0:32	13.00	2:11:43	-	71	48:36	71	48:36	