



7nutslopet 2017
Gramstad / 09.09.2017

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Eirin Hustvedt

□□□: 2:07:38

□□: 90

□□: 6.11 km/h

□□□□: 9:50 min/km

□□: 13.00 km

□□□□□/□□□: 81 (of 155)

7nutsløpet

□□□□□/□: 15 (of 53)

□□□□□□: 1:45:20

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□□□□□: 15(of 53)

Kvinne

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Fodgstadnuten	-	9:33	-	5	0:59	5	0:59	-	9:33	-	5	0:59	5	0:59	
Dalsnuten	-	17:38	-	20	3:31	20	3:31	-	27:11	-	12	4:30	12	4:30	
Øvre Eikenuten	-	12:50	-	13	2:11	13	2:11	-	40:01	-	10	6:07	10	6:07	
Gramstad mellor	-	8:36	-	15	1:23	15	1:23	-	48:37	-	11	7:00	11	7:00	
Kollirudla	-	12:09	-	24	2:14	24	2:14	-	1:00:46	-	15	8:51	15	8:51	
Mattisrudlå	-	27:29	-	21	5:53	21	5:53	-	1:28:15	-	18	14:18	18	14:18	
Bjørndalsfjellet	-	15:37	-	24	4:09	24	4:09	-	1:43:52	-	18	18:27	18	18:27	
Gramstadtjønna	-	21:41	-	14	3:52	14	3:52	-	2:05:33	-	15	21:59	15	21:59	
Finish	-	2:05	-	9	0:19	9	0:19	13.00	2:07:38	-	16	22:18	16	22:18	