



7nutslopet 2017
Gramstad / 09.09.2017

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Unni Petra Vassbø

□□: NCC Bil

□□: 148

□□: 13.00 km

7nutsløpet

□□□□:

Kvinne

□□□: 2:41:46

□□: 4.82 km/h

□□□□: 12:27 min/km

□□□□□/□□□: 121 (of 155)

□□□□□/□: 31 (of 53)

□□□□□□: 1:45:20

□□□□□: 31(of 53)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Fodgstadnuten	-	13:34	-	42	5:00	42	5:00	-	13:34	-	42	5:00	42	5:00	
Dalsnuten	-	20:50	-	33	6:43	33	6:43	-	34:24	-	36	11:43	36	11:43	
Øvre Eikenuten	-	18:45	-	34	8:06	34	8:06	-	53:09	-	33	19:15	33	19:15	
Gramstad mellor	-	11:02	-	33	3:49	33	3:49	-	1:04:11	-	33	22:34	33	22:34	
Kollirudla	-	13:10	-	33	3:15	33	3:15	-	1:17:21	-	33	25:26	33	25:26	
Mattisrudlå	-	32:22	-	32	10:46	32	10:46	-	1:49:43	-	33	35:46	33	35:46	
Bjørndalsfjellet	-	18:21	-	33	6:53	33	6:53	-	2:08:04	-	33	42:39	33	42:39	
Gramstadtjønna	-	30:58	-	35	13:09	35	13:09	-	2:39:02	-	31	55:28	31	55:28	
Finish	-	2:44	-	31	0:58	31	0:58	13.00	2:41:46	-	34	56:26	34	56:26	