



7nutslopet 2017

Gramstad / 09.09.2017

0000

Trine Krathus-Larsen

00: Team Trappetrolla

00: 101

00: 13.00 km

7nutsløpet

0000:

Kvinne

000: 3:41:37

00: 3.52 km/h

0000: 17:03 min/km

00000/000: 143 (of 155)

00000/0: 45 (of 53)

000000: 1:45:20

00000: 45(of 53)

0000000: 1:45:20

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Fodgstadnuten	-	15:31	-	51	6:57	51	6:57	-	15:31	-	51	6:57	51	6:57	
Dalsnuten	-	27:36	-	48	13:29	48	13:29	-	43:07	-	48	20:26	48	20:26	
Øvre Eikenuten	-	31:14	-	50	20:35	50	20:35	-	1:14:21	-	48	40:27	48	40:27	
Gramstad mellor	-	15:19	-	49	8:06	49	8:06	-	1:29:40	-	48	48:03	48	48:03	
Kollirudla	-	16:26	-	44	6:31	44	6:31	-	1:46:06	-	48	54:11	48	54:11	
Mattisrudlå	-	43:03	-	45	21:27	45	21:27	-	2:29:09	-	47	1:15:12	47	1:15:12	
Bjørndalsfjellet	-	26:17	-	48	14:49	48	14:49	-	2:55:26	-	48	1:30:01	48	1:30:01	
Gramstad tjønna	-	42:57	-	46	25:08	46	25:08	-	3:38:23	-	46	1:54:49	46	1:54:49	
Finish	-	3:14	-	45	1:28	45	1:28	13.00	3:41:37	-	49	1:56:17	49	1:56:17	