



7nutslopet 2017  
Gramstad / 09.09.2017

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Charlotte Varlid

00: Austrått Passion for Running

00: 64

00: 5.00 km

3nutsløpet

0000:

Kvinner

000: 1:10:37

00: 4.25 km/h

0000: 14:08 min/km

00000/000: 19 (of 21)

00000/0: 6 (of 7)

000000: 43:43

00000: 6(of 7)

0000000: 43:43

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Fodgstadnuten	-	14:16	-	6	4:24	6	4:24	-	14:16	-	6	4:24	6	4:24
Dalsnuten	-	26:49	-	5	11:40	5	11:40	-	41:05	-	5	16:04	5	16:04
Øvre Eikenuten	-	17:55	-	4	8:38	4	8:38	-	59:00	-	6	22:33	6	22:33
Finish	-	11:37	-	6	4:21	6	4:21	5.00	1:10:37	-	6	26:54	6	26:54