



7. Bad Königer OL
Bad König / 03.10.2017

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Diehr, Benny

□□: OLF Mainz

□□□: 23:15

□□□□: 11:01 min/km

□□: 2.11 km / 10 □□

□□□□:

H14 (Herren bis 14)

□□□□□: 2(of 4)

□□□□□□□: 13:43

□□: 9:32

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (39)	2:54	2	1:28	102.3	2:54	2	1:28	102.3
2 (40)	2:04	3	0:39	45.9	4:58	2	2:07	74.3
3 (42)	1:17	4	0:36	87.8	6:15	2	2:29	65.9
4 (65)	1:35	4	0:39	69.6	7:50	2	3:08	66.7
5 (71)	2:40	4	0:59	58.4	10:30	2	4:07	64.5
6 (41)	3:47	3	2:22	167.1	14:17	2	6:29	83.1
7 (64)	2:05	3	1:09	123.2	16:22	2	7:38	87.4
8 (48)	2:42	3	0:40	32.8	19:04	2	8:18	77.1
9 (38)	2:30	4	1:11	89.9	21:34	2	9:29	78.5
10 (37)	1:17	4	0:21	37.5	22:51	2	9:33	71.8
□□	0:24	2	0:03	14.3	23:15	2	9:32	69.5