



7. Bad Königer OL  
Bad König / 03.10.2017

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Hervás Lucas, Jesús

□□: Gymnasion Offenbach

□□□: 51:38

□□□□: 8:48 min/km

□□: 5.86 km / 28 □□

□□□□:

H35 (Herren ab 35)

□□□□□: 3(of 4)

□□□□□□: 43:19

□□: 8:19

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (47)	1:49	2	0:24	28.2	1:49	2	0:24	28.2
2 (39)	1:07	3	0:23	52.3	2:56	2	0:47	36.4
3 (62)	0:36	2	0:12	50.0	3:32	2	0:59	38.6
4 (47)	1:22	3	0:20	32.3	4:54	2	1:19	36.7
5 (65)	1:52	3	0:19	20.4	6:46	2	1:38	31.8
6 (55)	2:48	3	0:33	24.4	9:34	2	2:11	29.6
7 (54)	2:43	3	0:27	19.9	12:17	2	2:38	27.3
8 (47)	1:42	3	0:13	14.6	13:59	2	2:51	25.6
9 (43)	3:46	3	0:53	30.6	17:45	2	3:44	26.6
10 (55)	1:44	3	0:15	16.9	19:29	3	3:59	25.7
11 (69)	3:41	3	1:09	45.4	23:10	3	5:08	28.5
12 (45)	0:48	3	0:03	6.7	23:58	3	5:11	27.6
13 (44)	2:34	1	-	-	26:32	3	4:57	22.9
14 (52)	1:40	2	0:09	9.9	28:12	3	5:06	22.1
15 (41)	1:17	3	0:06	8.5	29:29	3	5:12	21.4
16 (31)	1:02	2	0:03	5.1	30:31	3	5:11	20.5
17 (34)	2:16	3	0:16	13.3	32:47	3	5:27	19.9
18 (46)	0:43	3	0:18	72.0	33:30	3	5:33	19.9
19 (33)	1:41	2	0:10	11.0	35:11	3	5:43	19.4
20 (32)	2:03	3	0:19	18.3	37:14	3	6:02	19.3
21 (36)	0:53	2	0:08	17.8	38:07	3	6:10	19.3
22 (56)	3:25	3	0:20	10.8	41:32	3	6:15	17.7
23 (73)	1:55	3	0:32	38.6	43:27	3	6:47	18.5
24 (50)	3:01	2	0:28	18.3	46:28	3	7:15	18.5
25 (49)	0:58	3	0:14	31.8	47:26	3	7:29	18.7
26 (51)	0:35	3	0:14	66.7	48:01	3	7:43	19.2
27 (67)	1:48	2	0:18	20.0	49:49	3	8:01	19.2
28 (37)	1:15	3	0:12	19.1	51:04	3	8:13	19.2
□□	0:34	3	0:06	21.4	51:38	3	8:19	19.2