



bewegungswELTEN bike-marathon

Arnstadt (Marktplatz) / 24.09.2017

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Haak, Jörg

□□: Geschwenda

□□: 696

□□: 54.00 km

Ambitioniert

□□□□:

Senioren

□□□: 3:21:34

□□: 16.07 km/h

□□□□□/□□□: 29 (of 46)

□□□□□/□: 28 (of 44)

□□□□□□: 2:22:44

□□□□□: 22(of 36)

□□□□□□□: 2:30:30

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 Runde	0.10	0:21	0.00	23	0:17	28	0:19	0.10	0:21	0.00	23	0:17	28	0:19
K2 - Schleife A	5.40	19:51	15.11	21	4:55	28	5:18	5.50	20:12	14.85	21	5:05	28	5:19
K3 Runde	6.50	24:29	14.70	34	7:15	41	7:48	12.00	44:41	16.11	31	11:59	38	13:06
K4 - Schleife B 1	8.00	31:51	15.07	27	7:30	34	9:27	20.00	1:16:32	15.68	30	19:29	37	22:30
K6 - Schleife B 3	3.00	13:37	13.22	23	3:31	30	4:08	23.00	1:30:09	15.31	29	22:50	36	26:37
K5 - Schleife B 2	3.00	6:17	28.65	32	1:45	39	1:52	26.00	1:36:26	16.18	29	24:27	36	28:26
K3 Runde	7.00	28:49	14.57	31	8:43	38	8:51	33.00	2:05:15	15.81	32	33:03	39	37:16
K4 - Schleife B 1	8.00	31:53	15.05	20	8:32	27	9:25	41.00	2:37:08	15.66	23	41:06	30	46:38
K6 - Schleife B 3	3.00	13:05	13.76	15	2:43	21	3:49	44.00	2:50:13	15.51	23	43:49	30	50:27
K5 - Schleife B 2	3.00	5:54	30.51	29	1:12	36	1:38	47.00	2:56:07	16.01	23	45:00	30	52:05
Marktplatz	7.00	25:27	16.50	17	6:04	22	6:46	54.00	3:21:34	16.07	22	51:04	28	58:50