



SCHMIDT, Hannes

□□: Ilsenburg □□: 667

□□: 9.60 km9,6 km - Lauf

männliche Jugend U16 (14-15 Jahre)

□□□: 46:00

[]: 11.74 km/h

□□□: 4:47 min/km

________: 34 (of 181) __________: 29 (of 120)

____: 33:03

□□□□: 3(of 3)

____: 40:10

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	23:13	5:39	3	3:01	31	6:55	4.10	23:13	5:39	3	3:01	31	6:55
Loddenke	2.20	9:07	4:08	3	1:46	26	2:35	6.30	32:20	5:07	3	4:02	29	9:30
llsenburg/Markt	3.30	13:40	4:08	3	1:58	26	3:36	9.60	46:00	4:47	3	5:50	29	12:57