



SCHMIDT, Miriam

□□: Weingarten

□□: 751

□□: 9.60 km
9,6 km - Lauf

Frauen (20-29 Jahre)

□□□: 1:05:49

□□: 8.20 km/h

□□□□: 6:52 min/km

_____: 167 (of 181)

____/_: 52 (of 61)

000000: 40:44

□□□□: 9(of 9)

____: 40:44

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	31:26	7:40	9	11:19	47	11:19	4.10	31:26	7:40	9	11:19	47	11:19
Loddenke	2.20	14:59	6:48	9	6:46	54	6:48	6.30	46:25	7:22	9	18:05	52	18:05
llsenburg/Markt	3.30	19:24	5:52	9	7:00	53	7:00	9.60	1:05:49	6:51	9	25:05	52	25:05