



47. Brockenlauf Ilseburg / 02.09.2017

0000

FROMME, Daniel

00: Magdeburger-LaufKultur 08

00: 51

00: 26.20 km

26,2 km - Lauf

0000:

Senioren M35 (35-39 Jahre)

000: 2:12:22

00: 11.88 km/h

0000: 5:03 min/km

00000/000: 60 (of 500)

00000/0: 58 (of 423)

000000: 1:35:36

00000: 10(of 46)

0000000: 1:41:40

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Loddenke	3.30	16:20	4:56	13	4:09	69	4:21	3.30	16:20	4:56	13	4:09	69	4:21
Schlüsle	3.10	17:43	5:42	11	4:18	64	4:58	6.40	34:03	5:19	11	8:27	61	9:19
Hermannsklippe	2.60	15:48	6:04	10	3:51	69	4:37	9.00	49:51	5:32	11	12:18	61	13:56
Brocken	3.10	25:15	8:08	13	6:45	68	7:51	12.10	1:15:06	6:12	10	19:03	62	21:47
Eiserner Handwe	3.60	15:28	4:17	7	2:48	44	3:48	15.70	1:30:34	5:46	10	21:51	57	25:35
Schlüsle	4.10	15:05	3:40	10	3:08	47	4:04	19.80	1:45:39	5:20	9	24:59	57	29:39
Loddenke	3.10	12:32	4:02	11	2:32	57	3:16	22.90	1:58:11	5:09	8	27:31	57	32:55
Ilseburg/Markt	3.30	14:11	4:17	11	3:11	78	3:51	26.20	2:12:22	5:03	10	30:42	58	36:46