



47. Brockenlauf

Ilseburg / 02.09.2017

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ZIMMERMANN, Tino

□□: Wernigerode

□□: 405

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M40 (40-44 Jahre)

□□□: 2:15:07

□□: 11.55 km/h

□□□□: 5:10 min/km

□□□□□/□□□: 75 (of 500)

□□□□□/□: 72 (of 423)

□□□□□□: 1:35:36

□□□□□: 13(of 53)

□□□□□□□: 1:54:00

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 16:32 | 5:00 | 14 | 2:34 | 75 | 4:33 | 3.30 | 16:32 | 5:00 | 14 | 2:34 | 75 | 4:33 | |
| Schlüsie | 3.10 | 17:53 | 5:46 | 14 | 2:20 | 72 | 5:08 | 6.40 | 34:25 | 5:22 | 14 | 4:54 | 72 | 9:41 | |
| Hermannsklippe | 2.60 | 15:45 | 6:03 | 13 | 2:02 | 64 | 4:34 | 9.00 | 50:10 | 5:34 | 13 | 6:56 | 65 | 14:15 | |
| Brocken | 3.10 | 25:56 | 8:21 | 16 | 5:17 | 83 | 8:32 | 12.10 | 1:16:06 | 6:17 | 13 | 11:45 | 72 | 22:47 | |
| Eiserner Handwe | 3.60 | 16:18 | 4:31 | 14 | 3:01 | 82 | 4:38 | 15.70 | 1:32:24 | 5:53 | 14 | 14:46 | 72 | 27:25 | |
| Schlüsie | 4.10 | 15:58 | 3:53 | 15 | 3:10 | 92 | 4:57 | 19.80 | 1:48:22 | 5:28 | 14 | 17:56 | 75 | 32:22 | |
| Loddenke | 3.10 | 12:37 | 4:04 | 8 | 1:38 | 65 | 3:21 | 22.90 | 2:00:59 | 5:16 | 14 | 19:34 | 75 | 35:43 | |
| Ilseburg/Markt | 3.30 | 14:08 | 4:16 | 15 | 1:33 | 75 | 3:48 | 26.20 | 2:15:07 | 5:09 | 13 | 21:07 | 72 | 39:31 | |