



# 47. Brockenlauf

Ilseburg / 02.09.2017

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**Broutscher, Michael**

□□: Wernigerode

□□: 493

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M55 (55-59 Jahre)

□□□: 2:16:39

□□: 11.42 km/h

□□□□: 5:13 min/km

□□□□□/□□□: 82 (of 500)

□□□□□/□: 79 (of 423)

□□□□□□: 1:35:36

□□□□□: 4(of 45)

□□□□□□□: 2:07:45

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 16:12    | 4:54         | 2       | 0:01    | 65      | 4:13    | 3.30  | 16:12     | 4:54      | 2             | 0:01    | 65      | 4:13    |         |
| Schlüsie        | 3.10     | 17:39    | 5:41         | 2       | 0:18    | 60      | 4:54    | 6.40  | 33:51     | 5:17      | 2             | 0:19    | 60      | 9:07    |         |
| Hermannsklippe  | 2.60     | 16:20    | 6:16         | 4       | 0:59    | 90      | 5:09    | 9.00  | 50:11     | 5:34      | 3             | 1:18    | 66      | 14:16   |         |
| Brocken         | 3.10     | 26:23    | 8:30         | 6       | 1:29    | 104     | 8:59    | 12.10 | 1:16:34   | 6:19      | 3             | 2:18    | 76      | 23:15   |         |
| Eiserner Handwe | 3.60     | 17:23    | 4:49         | 8       | 2:53    | 143     | 5:43    | 15.70 | 1:33:57   | 5:59      | 3             | 5:11    | 84      | 28:58   |         |
| Schlüsie        | 4.10     | 15:34    | 3:47         | 5       | 1:29    | 68      | 4:33    | 19.80 | 1:49:31   | 5:31      | 3             | 6:40    | 83      | 33:31   |         |
| Loddenke        | 3.10     | 12:54    | 4:09         | 4       | 1:06    | 85      | 3:38    | 22.90 | 2:02:25   | 5:20      | 4             | 7:46    | 83      | 37:09   |         |
| Ilseburg/Markt  | 3.30     | 14:14    | 4:18         | 5       | 1:08    | 82      | 3:54    | 26.20 | 2:16:39   | 5:12      | 4             | 8:54    | 79      | 41:03   |         |