



47. Brockenlauf

Ilseburg / 02.09.2017

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THOMAS, Bernd

□□: MSV Eintracht Halberstadt
 □□: 253

Enduro Long Men

□□□□:
 Senioren M55 (55-59 Jahre)

□□□: 2:17:54

□□: - km/h
 □□□□: 5:16 min/km

□□□□□/□□□□: 90 (of 500)

□□□□□/□: 87 (of 423)

□□□□□□: 1:35:36

□□□□□: 5(of 45)

□□□□□□□: 2:07:45

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 16:18 | 4:56 | 3 | 0:07 | 68 | 4:19 | 3.30 | 16:18 | 4:56 | 3 | 0:07 | 68 | 4:19 | |
| Schlüsie | 3.10 | 18:59 | 6:07 | 5 | 1:38 | 123 | 6:14 | 6.40 | 35:17 | 5:30 | 4 | 1:45 | 85 | 10:33 | |
| Hermannsklippe | 2.60 | 16:39 | 6:24 | 6 | 1:18 | 115 | 5:28 | 9.00 | 51:56 | 5:46 | 4 | 3:03 | 89 | 16:01 | |
| Brocken | 3.10 | 27:28 | 8:51 | 8 | 2:34 | 138 | 10:04 | 12.10 | 1:19:24 | 6:33 | 5 | 5:08 | 106 | 26:05 | |
| Eiserner Handwe | 3.60 | 15:36 | 4:19 | 2 | 1:06 | 50 | 3:56 | 15.70 | 1:35:00 | 6:03 | 5 | 6:14 | 94 | 30:01 | |
| Schlüsie | 4.10 | 14:59 | 3:39 | 3 | 0:54 | 41 | 3:58 | 19.80 | 1:49:59 | 5:33 | 5 | 7:08 | 86 | 33:59 | |
| Loddenke | 3.10 | 13:00 | 4:11 | 6 | 1:12 | 96 | 3:44 | 22.90 | 2:02:59 | 5:22 | 5 | 8:20 | 84 | 37:43 | |
| Ilseburg/Markt | 3.30 | 14:55 | 4:31 | 9 | 1:49 | 129 | 4:35 | - | 2:17:54 | - | 5 | 10:09 | 87 | 42:18 | |