



47. Brockenlauf

Ilseburg / 02.09.2017

□□□□

HÜBNER, Sylke

□□: SV Lok Blankenburg
 □□: 469

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:33:36

□□: 10.16 km/h
 □□□□: 5:52 min/km

□□□□□/□□□: 207 (of 500)

□□□□□/□: 13 (of 77)

□□□□□□: 1:57:27

□□□□□: 3(of 8)

□□□□□□□: 2:10:18

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	19:27	5:53	3	2:30	17	4:46	3.30	19:27	5:53	3	2:30	17	4:46	
Schlüsie	3.10	20:37	6:39	3	2:11	15	4:28	6.40	40:04	6:15	3	4:41	15	9:14	
Hermannsklippe	2.60	18:35	7:08	3	2:49	18	4:08	9.00	58:39	6:30	3	7:30	15	13:22	
Brocken	3.10	28:40	9:14	2	3:10	7	6:23	12.10	1:27:19	7:12	3	10:40	13	19:45	
Eiserner Handwe	3.60	19:23	5:23	5	4:27	22	6:15	15.70	1:46:42	6:47	3	15:07	13	26:00	
Schlüsie	4.10	16:57	4:08	3	2:54	9	3:49	19.80	2:03:39	6:14	3	18:01	12	29:49	
Loddenke	3.10	14:08	4:33	4	2:43	15	2:43	22.90	2:17:47	6:01	3	20:44	11	32:32	
Ilseburg/Markt	3.30	15:49	4:47	4	2:34	22	15:34	26.20	2:33:36	5:51	3	23:18	14	2:33:21	