



# 47. Brockenlauf

Ilseburg / 02.09.2017

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## STUCKE, Heidrun

□□: Hemmingen

□□: 439

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 2:36:54

□□: 9.94 km/h

□□□□: 5:59 min/km

□□□□□/□□□: 242 (of 500)

□□□□□/□: 18 (of 77)

□□□□□□: 1:57:27

□□□□□: 1(of 9)

□□□□□□□: 2:36:54

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Loddenke	3.30	19:54	6:01	1	-	22	5:13	3.30	19:54	6:01	1	-	22	5:13
Schlüsie	3.10	21:08	6:49	1	-	19	4:59	6.40	41:02	6:24	1	-	20	10:12
Hermannsklippe	2.60	18:11	6:59	1	-	14	3:44	9.00	59:13	6:34	1	-	19	13:56
Brocken	3.10	29:05	9:22	1	-	10	6:48	12.10	1:28:18	7:17	1	-	14	20:44
Eiserner Handwe	3.60	20:01	5:33	1	-	29	6:53	15.70	1:48:19	6:53	1	-	15	27:37
Schlüsie	4.10	18:47	4:34	1	-	24	5:39	19.80	2:07:06	6:25	1	-	18	33:16
Loddenke	3.10	14:25	4:39	1	-	19	3:00	22.90	2:21:31	6:10	1	-	18	36:16
Ilseburg/Markt	3.30	15:23	4:39	2	15:08	15	15:08	26.20	2:36:54	5:59	2	2:36:39	19	2:36:39