



# 47. Brockenlauf

Ilseburg / 02.09.2017

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**KRUMPEN-MÜLLER, Sabine**

□□: LAV 07 Bad Harzburg e.V.  
 □□: 176

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W45 (45-49 Jahre)

□□□: 2:37:31

□□: 9.90 km/h  
 □□□□: 6:01 min/km

□□□□□/□□□: 250 (of 500)

□□□□□/□: 19 (of 77)

□□□□□□: 1:57:27

□□□□□: 3(of 16)

□□□□□□□: 2:23:47

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	18:49	5:42	3	1:21	12	4:08	3.30	18:49	5:42	3	1:21	12	4:08	
Schlüsie	3.10	21:21	6:53	5	2:07	22	5:12	6.40	40:10	6:16	3	3:28	17	9:20	
Hermannsklippe	2.60	18:54	7:16	4	1:39	23	4:27	9.00	59:04	6:33	3	5:07	17	13:47	
Brocken	3.10	31:40	10:12	5	3:47	23	9:23	12.10	1:30:44	7:29	4	8:54	20	23:10	
Eiserner Handwe	3.60	19:21	5:22	5	2:19	20	6:13	15.70	1:50:05	7:00	4	11:13	19	29:23	
Schlüsie	4.10	17:45	4:19	4	0:41	19	4:37	19.80	2:07:50	6:27	4	11:54	19	34:00	
Loddenke	3.10	14:03	4:31	3	0:48	13	2:38	22.90	2:21:53	6:11	4	12:42	20	36:38	
Ilseburg/Markt	3.30	15:38	4:44	4	1:02	20	15:23	26.20	2:37:31	6:00	3	13:44	20	2:37:16	