



47. Brockenlauf

Ilseburg / 02.09.2017

□□□□

DR. VEHLow, Stefan

□□: Grimma
 □□: 394

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Senioren M50 (50-54 Jahre)

□□□: 2:47:20

□□: 9.32 km/h
 □□□□: 6:23 min/km

□□□□□/□□□: 328 (of 500)

□□□□□/□: 301 (of 423)

□□□□□□: 1:35:36

□□□□□: 54(of 67)

□□□□□□□: 2:00:16

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 18:44 | 5:40 | 36 | 2:57 | 196 | 6:45 | 3.30 | 18:44 | 5:40 | 36 | 2:57 | 196 | 6:45 |
| Schlüsie | 3.10 | 21:20 | 6:52 | 49 | 5:17 | 275 | 8:35 | 6.40 | 40:04 | 6:15 | 45 | 8:03 | 231 | 15:20 |
| Hermannsklippe | 2.60 | 19:35 | 7:31 | 51 | 5:22 | 297 | 8:24 | 9.00 | 59:39 | 6:37 | 46 | 13:25 | 250 | 23:44 |
| Brocken | 3.10 | 33:12 | 10:42 | 56 | 11:50 | 326 | 15:48 | 12.10 | 1:32:51 | 7:40 | 51 | 25:15 | 286 | 39:32 |
| Eiserner Handwe | 3.60 | 19:40 | 5:27 | 46 | 5:07 | 255 | 8:00 | 15.70 | 1:52:31 | 7:10 | 51 | 28:59 | 284 | 47:32 |
| Schlüsie | 4.10 | 19:59 | 4:52 | 52 | 5:54 | 298 | 8:58 | 19.80 | 2:12:30 | 6:41 | 50 | 34:24 | 281 | 56:30 |
| Loddenke | 3.10 | 16:20 | 5:16 | 56 | 5:31 | 335 | 7:04 | 22.90 | 2:28:50 | 6:29 | 51 | 39:55 | 290 | 1:03:34 |
| Ilseburg/Markt | 3.30 | 18:30 | 5:36 | 63 | 7:09 | 347 | 8:10 | 26.20 | 2:47:20 | 6:23 | 54 | 47:04 | 303 | 1:11:44 |