



# 47. Brockenlauf

Ilseburg / 02.09.2017

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**Malle, Christian**

□□: Blumenau Eastside e.V.

□□: 534

□□: 26.20 km

26,2 km - Lauf

□□□□:

Männer (20-29 Jahre)

□□□: 2:47:58

□□: 9.29 km/h

□□□□: 6:25 min/km

□□□□□/□□□: 335 (of 500)

□□□□□/□: 307 (of 423)

□□□□□□: 1:35:36

□□□□□: 30(of 35)

□□□□□□□: 1:35:36

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| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 20:29    | 6:12         | 32      | 8:30    | 292     | 8:30    | 3.30  | 20:29     | 6:12          | 32      | 8:30    | 292     | 8:30    |
| Schlüsie        | 3.10     | 21:41    | 6:59         | 28      | 8:56    | 294     | 8:56    | 6.40  | 42:10     | 6:35          | 31      | 17:26   | 304     | 17:26   |
| Hermannsklippe  | 2.60     | 18:59    | 7:18         | 26      | 7:48    | 254     | 7:48    | 9.00  | 1:01:09   | 6:47          | 28      | 25:14   | 284     | 25:14   |
| Brocken         | 3.10     | 29:53    | 9:38         | 22      | 12:29   | 221     | 12:29   | 12.10 | 1:31:02   | 7:31          | 24      | 37:43   | 262     | 37:43   |
| Eiserner Handwe | 3.60     | 21:15    | 5:54         | 30      | 9:35    | 318     | 9:35    | 15.70 | 1:52:17   | 7:09          | 28      | 47:18   | 279     | 47:18   |
| Schlüsie        | 4.10     | 20:43    | 5:03         | 31      | 9:42    | 327     | 9:42    | 19.80 | 2:13:00   | 6:43          | 28      | 57:00   | 289     | 57:00   |
| Loddenke        | 3.10     | 15:47    | 5:05         | 28      | 6:31    | 300     | 6:31    | 22.90 | 2:28:47   | 6:29          | 28      | 1:03:31 | 289     | 1:03:31 |
| Ilseburg/Markt  | 3.30     | 19:11    | 5:48         | 32      | 8:51    | 368     | 8:51    | 26.20 | 2:47:58   | 6:24          | 30      | 1:12:22 | 309     | 1:12:22 |