



47. Brockenlauf

Ilseburg / 02.09.2017

□□□□

STIEGLITZ, Dagmar

□□: LT Bernd Hübner

□□: 66

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:50:32

□□: 9.15 km/h

□□□□: 6:31 min/km

□□□□□/□□□: 352 (of 500)

□□□□□/□: 35 (of 77)

□□□□□□: 1:57:27

□□□□□: 3(of 11)

□□□□□□□: 2:37:31

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 21:00 | 6:21 | 6 | 2:10 | 39 | 6:19 | 3.30 | 21:00 | 6:21 | 6 | 2:10 | 39 | 6:19 | |
| Schlüsie | 3.10 | 22:33 | 7:16 | 3 | 1:21 | 36 | 6:24 | 6.40 | 43:33 | 6:48 | 4 | 3:21 | 37 | 12:43 | |
| Hermannsklippe | 2.60 | 20:57 | 8:03 | 4 | 2:06 | 42 | 6:30 | 9.00 | 1:04:30 | 7:10 | 4 | 5:25 | 38 | 19:13 | |
| Brocken | 3.10 | 33:04 | 10:40 | 4 | 1:26 | 38 | 10:47 | 12.10 | 1:37:34 | 8:03 | 4 | 6:41 | 37 | 30:00 | |
| Eiserner Handwe | 3.60 | 19:54 | 5:31 | 2 | 0:38 | 28 | 6:46 | 15.70 | 1:57:28 | 7:28 | 3 | 7:19 | 35 | 36:46 | |
| Schlüsie | 4.10 | 19:14 | 4:41 | 2 | 1:31 | 30 | 6:06 | 19.80 | 2:16:42 | 6:54 | 3 | 8:50 | 33 | 42:52 | |
| Loddenke | 3.10 | 15:55 | 5:08 | 4 | 1:52 | 35 | 4:30 | 22.90 | 2:32:37 | 6:39 | 3 | 10:42 | 31 | 47:22 | |
| Ilseburg/Markt | 3.30 | 17:55 | 5:25 | 6 | 2:19 | 48 | 17:40 | 26.20 | 2:50:32 | 6:30 | 3 | 13:01 | 36 | 2:50:17 | |