



# 47. Brockenlauf

Ilseburg / 02.09.2017

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## STIEGLITZ, Dagmar

□□: LT Bernd Hübner  
 □□: 66

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W50 (50-54 Jahre)

□□□: 2:50:32

□□: 9.15 km/h  
 □□□□: 6:31 min/km

□□□□□/□□□: 352 (of 500)

□□□□□/□: 35 (of 77)

□□□□□□: 1:57:27

□□□□□: 3(of 11)

□□□□□□□: 2:37:31

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 21:00    | 6:21         | 6       | 2:10    | 39      | 6:19    | 3.30  | 21:00     | 6:21      | 6             | 2:10    | 39      | 6:19    |         |
| Schlüsie        | 3.10     | 22:33    | 7:16         | 3       | 1:21    | 36      | 6:24    | 6.40  | 43:33     | 6:48      | 4             | 3:21    | 37      | 12:43   |         |
| Hermannsklippe  | 2.60     | 20:57    | 8:03         | 4       | 2:06    | 42      | 6:30    | 9.00  | 1:04:30   | 7:10      | 4             | 5:25    | 38      | 19:13   |         |
| Brocken         | 3.10     | 33:04    | 10:40        | 4       | 1:26    | 38      | 10:47   | 12.10 | 1:37:34   | 8:03      | 4             | 6:41    | 37      | 30:00   |         |
| Eiserner Handwe | 3.60     | 19:54    | 5:31         | 2       | 0:38    | 28      | 6:46    | 15.70 | 1:57:28   | 7:28      | 3             | 7:19    | 35      | 36:46   |         |
| Schlüsie        | 4.10     | 19:14    | 4:41         | 2       | 1:31    | 30      | 6:06    | 19.80 | 2:16:42   | 6:54      | 3             | 8:50    | 33      | 42:52   |         |
| Loddenke        | 3.10     | 15:55    | 5:08         | 4       | 1:52    | 35      | 4:30    | 22.90 | 2:32:37   | 6:39      | 3             | 10:42   | 31      | 47:22   |         |
| Ilseburg/Markt  | 3.30     | 17:55    | 5:25         | 6       | 2:19    | 48      | 17:40   | 26.20 | 2:50:32   | 6:30      | 3             | 13:01   | 36      | 2:50:17 |         |