



47. Brockenlauf

Ilseburg / 02.09.2017

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VOSS, Gerald

□□: TV Rennerod Run for Fun
 □□: 130

Enduro Long Men

□□□□:
 Senioren M45 (45-49 Jahre)

□□□: 2:52:03

□□: - km/h
 □□□□: 6:34 min/km

□□□□□/□□□: 364 (of 500)

□□□□□/□: 326 (of 423)

□□□□□□: 1:35:36

□□□□□: 70(of 85)

□□□□□□□: 1:44:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:43	6:34	77	8:50	364	9:44	3.30	21:43	6:34	77	8:50	364	9:44	
Schlüsie	3.10	22:05	7:07	72	7:39	322	9:20	6.40	43:48	6:50	76	16:29	346	19:04	
Hermannsklippe	2.60	21:16	8:10	78	8:29	363	10:05	9.00	1:05:04	7:13	77	24:49	351	29:09	
Brocken	3.10	33:05	10:40	69	13:17	322	15:41	12.10	1:38:09	8:06	76	38:06	346	44:50	
Eiserner Handwe	3.60	21:20	5:55	70	9:28	321	9:40	15.70	1:59:29	7:36	76	47:34	346	54:30	
Schlüsie	4.10	19:32	4:45	67	7:36	278	8:31	19.80	2:19:01	7:01	72	55:10	336	1:03:01	
Loddenke	3.10	15:08	4:52	61	5:11	257	5:52	22.90	2:34:09	6:43	70	1:00:21	330	1:08:53	
Ilseburg/Markt	3.30	17:54	5:25	71	6:49	319	7:34	-	2:52:03	-	70	1:07:10	328	1:16:27	