



# 47. Brockenlauf

Ilseburg / 02.09.2017

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**REINOLD, Claudia**

□□: Non-Stop-Ultra-Brakel

□□: 357

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:52:52

□□: 9.02 km/h

□□□□: 6:36 min/km

□□□□□/□□□: 371 (of 500)

□□□□□/□: 41 (of 77)

□□□□□□: 1:57:27

□□□□□: 9(of 16)

□□□□□□□: 2:13:24

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	20:36	6:14	6	4:56	29	5:55	3.30	20:36	6:14	6	4:56	29	5:55	
Schlüsie	3.10	22:40	7:18	9	4:54	37	6:31	6.40	43:16	6:45	8	9:50	35	12:26	
Hermannsklippe	2.60	20:45	7:58	9	4:54	38	6:18	9.00	1:04:01	7:06	8	14:44	36	18:44	
Brocken	3.10	34:48	11:13	10	9:12	50	12:31	12.10	1:38:49	8:09	9	23:56	43	31:15	
Eiserner Handwe	3.60	20:08	5:35	8	3:50	32	7:00	15.70	1:58:57	7:34	9	27:46	38	38:15	
Schlüsie	4.10	19:13	4:41	6	3:41	28	6:05	19.80	2:18:10	6:58	9	31:27	36	44:20	
Loddenke	3.10	16:11	5:13	9	3:26	40	4:46	22.90	2:34:21	6:44	9	34:53	39	49:06	
Ilseburg/Markt	3.30	18:31	5:36	11	4:35	51	18:16	26.20	2:52:52	6:35	9	39:28	42	2:52:37	