



47. Brockenlauf

Ilseburg / 02.09.2017

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SCHARUN, Kerstin

□□: Elbingerode

□□: 360

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 2:53:40

□□: 8.98 km/h

□□□□: 6:38 min/km

□□□□□/□□□: 375 (of 500)

□□□□□/□: 42 (of 77)

□□□□□□: 1:57:27

□□□□□: 5(of 11)

□□□□□□□: 2:37:31

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 19:50 | 6:00 | 2 | 1:00 | 21 | 5:09 | 3.30 | 19:50 | 6:00 | 2 | 1:00 | 21 | 5:09 | |
| Schlüsie | 3.10 | 22:41 | 7:19 | 4 | 1:29 | 38 | 6:32 | 6.40 | 42:31 | 6:38 | 3 | 2:19 | 30 | 11:41 | |
| Hermannsklippe | 2.60 | 21:22 | 8:13 | 5 | 2:31 | 45 | 6:55 | 9.00 | 1:03:53 | 7:05 | 3 | 4:48 | 34 | 18:36 | |
| Brocken | 3.10 | 34:32 | 11:08 | 7 | 2:54 | 48 | 12:15 | 12.10 | 1:38:25 | 8:08 | 5 | 7:32 | 42 | 30:51 | |
| Eiserner Handwe | 3.60 | 20:51 | 5:47 | 3 | 1:35 | 38 | 7:43 | 15.70 | 1:59:16 | 7:35 | 5 | 9:07 | 39 | 38:34 | |
| Schlüsie | 4.10 | 20:44 | 5:03 | 3 | 3:01 | 43 | 7:36 | 19.80 | 2:20:00 | 7:04 | 4 | 12:08 | 41 | 46:10 | |
| Loddenke | 3.10 | 15:35 | 5:01 | 2 | 1:32 | 31 | 4:10 | 22.90 | 2:35:35 | 6:47 | 4 | 13:40 | 40 | 50:20 | |
| Ilseburg/Markt | 3.30 | 18:05 | 5:28 | 7 | 2:29 | 49 | 17:50 | 26.20 | 2:53:40 | 6:37 | 5 | 16:09 | 43 | 2:53:25 | |