



# 47. Brockenlauf

Ilseburg / 02.09.2017

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**MÜLLER, Sabrina**

□□: LAV 07 Bad Harzburg e.V.

□□: 174

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:53:53

□□: 8.97 km/h

□□□□: 6:38 min/km

□□□□□/□□□: 376 (of 500)

□□□□□/□: 43 (of 77)

□□□□□□: 1:57:27

□□□□□: 10(of 16)

□□□□□□□: 2:13:24

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:12	6:43	14	6:32	59	7:31	3.30	22:12	6:43	14	6:32	59	7:31	
Schlüsie	3.10	24:35	7:55	11	6:49	52	8:26	6.40	46:47	7:18	11	13:21	52	15:57	
Hermannsklippe	2.60	21:46	8:22	11	5:55	48	7:19	9.00	1:08:33	7:36	11	19:16	51	23:16	
Brocken	3.10	33:23	10:46	8	7:47	41	11:06	12.10	1:41:56	8:25	11	27:03	47	34:22	
Eiserner Handwe	3.60	19:51	5:30	7	3:33	27	6:43	15.70	2:01:47	7:45	10	30:36	44	41:05	
Schlüsie	4.10	19:19	4:42	8	3:47	33	6:11	19.80	2:21:06	7:07	10	34:23	43	47:16	
Loddenke	3.10	15:04	4:51	6	2:19	25	3:39	22.90	2:36:10	6:49	10	36:42	42	50:55	
Ilseburg/Markt	3.30	17:43	5:22	9	3:47	42	17:28	26.20	2:53:53	6:38	10	40:29	44	2:53:38	