



# 47. Brockenlauf

Ilseburg / 02.09.2017

□□□□

**EGGERT, Gerald**

□□: DAV

□□: 227

□□: 26.20 km

26,2 km - Lauf

□□□□:

Senioren M65 (65-69 Jahre)

□□□: 2:56:16

□□: 8.85 km/h

□□□□: 6:44 min/km

□□□□□/□□□: 394 (of 500)

□□□□□/□: 348 (of 423)

□□□□□□: 1:35:36

□□□□□: 7(of 13)

□□□□□□□: 2:25:43

□□□□

□□□□

□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 20:23    | 6:10         | 4       | 2:10    | 284     | 8:24    | 3.30  | 20:23     | 6:10      | 4             | 2:10    | 284     | 8:24    |         |
| Schlüsie        | 3.10     | 22:31    | 7:15         | 5       | 3:04    | 341     | 9:46    | 6.40  | 42:54     | 6:42      | 6             | 5:14    | 328     | 18:10   |         |
| Hermannsklippe  | 2.60     | 20:41    | 7:57         | 7       | 3:34    | 350     | 9:30    | 9.00  | 1:03:35   | 7:03      | 6             | 8:48    | 337     | 27:40   |         |
| Brocken         | 3.10     | 33:37    | 10:50        | 8       | 6:54    | 339     | 16:13   | 12.10 | 1:37:12   | 8:01      | 6             | 15:42   | 341     | 43:53   |         |
| Eiserner Handwe | 3.60     | 21:06    | 5:51         | 6       | 3:48    | 312     | 9:26    | 15.70 | 1:58:18   | 7:32      | 6             | 19:30   | 337     | 53:19   |         |
| Schlüsie        | 4.10     | 21:56    | 5:20         | 6       | 4:55    | 356     | 10:55   | 19.80 | 2:20:14   | 7:04      | 6             | 24:25   | 339     | 1:04:14 |         |
| Loddenke        | 3.10     | 17:15    | 5:33         | 7       | 3:16    | 361     | 7:59    | 22.90 | 2:37:29   | 6:52      | 6             | 27:33   | 347     | 1:12:13 |         |
| Ilseburg/Markt  | 3.30     | 18:47    | 5:41         | 8       | 3:06    | 357     | 8:27    | 26.20 | 2:56:16   | 6:43      | 7             | 30:33   | 350     | 1:20:40 |         |