



47. Brockenlauf

Ilseburg / 02.09.2017

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DR. REICH, Steffi

□□: Blau Weiß Hettstedt
 □□: 308

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W50 (50-54 Jahre)

□□□: 2:58:54

□□: 8.72 km/h
 □□□□: 6:50 min/km

□□□□□/□□□: 401 (of 500)

□□□□□/□: 47 (of 77)

□□□□□□: 1:57:27

□□□□□: 6(of 11)

□□□□□□□: 2:37:31

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:49	6:54	10	3:59	62	8:08	3.30	22:49	6:54	10	3:59	62	8:08
Schlüsie	3.10	24:51	8:00	8	3:39	54	8:42	6.40	47:40	7:26	9	7:28	57	16:50
Hermannsklippe	2.60	21:58	8:26	7	3:07	50	7:31	9.00	1:09:38	7:44	8	10:33	54	24:21
Brocken	3.10	34:11	11:01	5	2:33	45	11:54	12.10	1:43:49	8:34	8	12:56	52	36:15
Eiserner Handwe	3.60	20:51	5:47	3	1:35	38	7:43	15.70	2:04:40	7:56	7	14:31	50	43:58
Schlüsie	4.10	20:59	5:07	4	3:16	47	7:51	19.80	2:25:39	7:21	6	17:47	50	51:49
Loddenke	3.10	16:12	5:13	5	2:09	41	4:47	22.90	2:41:51	7:04	6	19:56	48	56:36
Ilseburg/Markt	3.30	17:03	5:10	4	1:27	36	16:48	26.20	2:58:54	6:49	6	21:23	48	2:58:39