



47. Brockenlauf

Ilseburg / 02.09.2017

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KLINNER, Petra

□□: Fünf-Seen-Lauf e.V.

□□: 404

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W55 (55-59 Jahre)

□□□: 3:02:31

□□: 8.55 km/h

□□□□: 6:58 min/km

□□□□□/□□□: 416 (of 500)

□□□□□/□: 52 (of 77)

□□□□□□: 1:57:27

□□□□□: 4(of 9)

□□□□□□□: 2:36:54

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:39	6:33	5	1:45	46	6:58	3.30	21:39	6:33	5	1:45	46	6:58	
Schlüsie	3.10	24:32	7:54	4	3:24	51	8:23	6.40	46:11	7:12	5	5:09	50	15:21	
Hermannsklippe	2.60	22:04	8:29	4	3:53	51	7:37	9.00	1:08:15	7:34	4	9:02	50	22:58	
Brocken	3.10	36:36	11:48	6	7:31	60	14:19	12.10	1:44:51	8:39	4	16:33	53	37:17	
Eiserner Handwe	3.60	20:01	5:33	1	-	29	6:53	15.70	2:04:52	7:57	4	16:33	52	44:10	
Schlüsie	4.10	20:42	5:02	2	1:55	42	7:34	19.80	2:25:34	7:21	4	18:28	49	51:44	
Loddenke	3.10	17:18	5:34	4	2:53	57	5:53	22.90	2:42:52	7:06	4	21:21	51	57:37	
Ilseburg/Markt	3.30	19:39	5:57	7	19:24	60	19:24	26.20	3:02:31	6:57	5	3:02:16	53	3:02:16	