



# 47. Brockenlauf

Ilseburg / 02.09.2017

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**PÜSCHEL, Ingrid**

□□: Dahlweid Potsdam  
 □□: 457

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W70 (70-74 Jahre)

□□□: 5:10:10

□□: 5.03 km/h  
 □□□□: 11:50 min/km

□□□□□/□□□: 495 (of 500)

□□□□□/□: 74 (of 77)

□□□□□□: 1:57:27

□□□□□: 1(of 1)

□□□□□□□: 5:10:10

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Loddenke	3.30	35:15	10:40	1	-	76	20:34	3.30	35:15	10:40	1	-	76	20:34
Schlüsie	3.10	36:46	11:51	1	-	74	20:37	6.40	1:12:01	11:15	1	-	76	41:11
Hermannsklippe	2.60	34:00	13:04	1	-	75	19:33	9.00	1:46:01	11:46	1	-	75	1:00:44
Brocken	3.10	57:41	18:36	1	-	75	35:24	12.10	2:43:42	13:31	1	-	75	1:36:08
Eiserner Handwe	3.60	42:29	11:48	1	-	76	29:21	15.70	3:26:11	13:07	1	-	75	2:05:29
Schlüsie	4.10	40:02	9:45	1	-	74	26:54	19.80	4:06:13	12:26	1	-	74	2:32:23
Loddenke	3.10	31:07	10:02	1	-	74	19:42	22.90	4:37:20	12:06	1	-	74	2:52:05
Ilseburg/Markt	3.30	32:50	9:56	1	-	75	32:35	26.20	5:10:10	11:50	1	-	76	5:09:55