



# 4. Erfurt Marathon

Erfurt / 19.08.2017

0000

Kinoassis

000: 3:45:24

00: 114

00: 11.18 km/h

0000: 5:20 min/km

00: 42.30 km

00000/000: 13 (of 22)

Erfurt Marathon 4er Staffel

00000/000: 13 (of 22)

000000: 2:53:51

0000:

00000: 7(of 9)

Männerstaffel

0000000: 3:08:16

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| 000             | 00    | 00      | 00     | 00 | 00    | 00  | 00    | 000   | 000     | 000    | 00 | 00    | 00  | 00    |
|-----------------|-------|---------|--------|----|-------|-----|-------|-------|---------|--------|----|-------|-----|-------|
|                 | km    | 00      | min/km | -  | -     | 000 | 000   | km    | 00      | min/km | -  | -     | 000 | 000   |
| Wechselstelle 1 | 10.30 | 52:12   | 5:04   | 4  | 8:36  | 11  | 12:41 | 10.30 | 52:12   | 5:04   | 4  | 8:36  | 11  | 12:41 |
| Wechselstelle 2 | 11.70 | 56:29   | 4:49   | 3  | 7:09  | 5   | 8:04  | 22.00 | 1:48:41 | 4:56   | 4  | 15:45 | 8   | 20:45 |
| Wechselstelle 3 | 9.50  | 54:35   | 5:44   | 7  | 12:51 | 12  | 13:59 | 31.50 | 2:43:16 | 5:10   | 4  | 23:22 | 8   | 34:44 |
| Erfurt          | 10.80 | 1:02:08 | 5:45   | 8  | 13:46 | 16  | 16:49 | 42.30 | 3:45:24 | 5:19   | 7  | 37:08 | 13  | 51:33 |