



4. Erfurt Marathon

Erfurt / 19.08.2017

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Team ANNA I

□□□: 4:31:03

□□: 100

□□: 9.30 km/h

□□□□: 6:25 min/km

□□: 42.30 km

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Erfurt Marathon 4er Staffel

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□□□□□□: 2:53:51

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□□□□□: 11(of 11)

Mixstaffel

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Wechselstelle 1	10.30	1:00:02	5:49	11	20:31	21	20:31	10.30	1:00:02	5:49	11	20:31	21	20:31
Wechselstelle 2	11.70	1:07:45	5:47	7	19:20	16	19:20	22.00	2:07:47	5:48	9	39:51	19	39:51
Wechselstelle 3	9.50	1:07:37	7:07	11	27:01	22	27:01	31.50	3:15:24	6:12	10	1:06:52	20	1:06:52
Erfurt	10.80	1:15:39	7:00	11	30:20	21	30:20	42.30	4:31:03	6:24	11	1:37:12	22	1:37:12