



4. Erfurt Marathon

Erfurt / 19.08.2017

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Sportreha Erfurt, SPORTident

□□□: 3:25:35

□□: 196

□□: 12.26 km/h

□□□□: 4:52 min/km

□□: 42.30 km

□□□□□/□□□: 5 (of 22)

Erfurt Marathon 4er Staffel

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□□□□□□: 2:53:51

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□□□□□: 3(of 11)

Mixstaffel

□□□□□□□: 2:53:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Wechselstelle 1	10.30	46:04	4:28	3	6:33	4	6:33	10.30	46:04	4:28	3	6:33	4	6:33
Wechselstelle 2	11.70	57:58	4:57	4	9:33	7	9:33	22.00	1:44:02	4:43	3	16:06	5	16:06
Wechselstelle 3	9.50	47:34	5:00	2	6:58	5	6:58	31.50	2:31:36	4:48	3	23:04	5	23:04
Erfurt	10.80	53:59	4:59	5	8:40	9	8:40	42.30	3:25:35	4:51	3	31:44	5	31:44