



4. Erfurt Marathon

Erfurt / 19.08.2017

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PDV Power Runners

□□: 95

□□: 42.30 km

Erfurt Marathon 4er Staffel

□□□□:

Männerstaffel

□□□: 3:41:06

□□: 11.40 km/h

□□□□: 5:14 min/km

□□□□□/□□□: 9 (of 22)

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□□□□□□: 2:53:51

□□□□□: 5(of 9)

□□□□□□□: 3:08:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Wechselstelle 1	10.30	57:10	5:33	9	13:34	20	17:39	10.30	57:10	5:33	9	13:34	20	17:39
Wechselstelle 2	11.70	1:05:30	5:35	8	16:10	15	17:05	22.00	2:02:40	5:34	8	29:44	15	34:44
Wechselstelle 3	9.50	41:44	4:23	1	-	2	1:08	31.50	2:44:24	5:13	6	24:30	10	35:52
Erfurt	10.80	56:42	5:15	6	8:20	12	11:23	42.30	3:41:06	5:13	5	32:50	9	47:15