



4. Erfurt Marathon

Erfurt / 19.08.2017

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CZEMBOR, Kai

□□: Erfurt

□□: 81

□□: 42.30 km

Marathon Einzel

□□□□:

Männer

□□□: 5:39:39

□□: 7.42 km/h

□□□□: 8:02 min/km

□□□□□/□□□: 61 (of 63)

□□□□□/□: 54 (of 56)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Nördlichster Punkt	4.90	25:20	5:10	39	6:38	39	6:38	4.90	25:20	5:10	39	6:38	39	6:38
Wechselstelle 1	5.40	34:40	6:25	50	14:07	50	14:07	10.30	1:00:00	5:49	44	18:49	44	18:49
Wechselstelle 2	11.70	1:34:27	8:04	56	44:35	56	44:35	22.00	2:34:27	7:01	54	1:03:04	54	1:03:04
Südlichster Punkt	5.50	53:17	9:41	56	28:37	56	28:37	27.50	3:27:44	7:33	54	1:31:41	54	1:31:41
Wechselstelle 3	4.00	41:45	10:26	55	24:00	55	24:00	31.50	4:09:29	7:55	55	1:55:41	55	1:55:41
Erfurt	10.80	1:30:10	8:20	51	44:18	51	44:18	42.30	5:39:39	8:01	54	2:39:59	54	2:39:59